

(Affiliated to University of Jammu)

NAAC ACCREDITED B+

# PRATIBIMB

## (THE COLLEGE NEWSLETTER, 2022-23)



**REALIZING THE POTENTIAL WITHIN** 

PATRON: Dr. Pragya Khanna (Principal)

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GOVT. GIRDHARI LAL DOGRA MEMORIAL DEGREE COLLEGE, HIRANAGAR(J&K)

(Estd. 2005)

NAAC Accredited B+

Website: www. gldmdchiranagar.in

#### PRINCIPAL

#### From the Principal's Desk

It is a matter of great pride and satisfaction for Girdhari Lal Dogra Memorial Degree College, Hiranagar to bring out the yet another issue of the College News Letter 'PRATIBIMB'. It is heartening to share that the College has made tremendous progress in all areas including academics, co-curricular, extra-curricular, capacity building relevant to the staff and students and is continuously forging ahead. The College aims at continual growth in the quality of all activities with a sense of commitment to fully meet the expectations of the students, parents and society at large.



In order to accomplish our vision and mission, we are prepared to take as much effort as possible for the betterment of the academic scenario both at regional as well as at National level. We believe that education is an effective medium of social transformation. We feel proud that we are part of such an excellent institute, which is contributing to the large milieu shaping the modern India.

GLDM Degree College, Hiranagar cares for the individual development of each and every student. We follow "mentor system" under which each class is put into the multi-pronged web of a teacher. We accord prime importance to the behavioural discipline, moral integrity and cognitive development of our students. Our NSS, NCC, Physical Education, Career Guidance Cell, Psychological Counselling Cell, Book Club 'Bibliophiles', Red Ribbon Club, Eco Club and Science & Literary Clubs offer integrated services for the multi-facetted development of our students. Our resourceful and highly qualified teachers strive to teach not only the academic programmes but also life skills needed for holistic development of our students.

I congratulate the Editorial Board of this Newsletter who have played wonderful role in accomplishing the task. I extend my heartfelt congratulations to dear students and staff members for their fruitful efforts.

I wish the best of fortune, peace and prosperity to all those who contribute to the noble task of spreading education and manifest its qualities, aims and objectives.

With best wishes,

Dr. Pragya Khanna (Principal)

# From Editorial Desk



Hello Everyone! GLDM Degree College, Hiranagar warmly welcomes you to the new edition of its Newsletter for the session 2022-223'PRATIBIMB'.3w
 The beginning of the academic year is at its heart, a fantasy of newness and clean slates—of the chance to do things differently and with more attention- to purpose. In reality, it's also one of the most challenging times of year for many of us.

With the commencement of new academic session, new dreams, hopes, aspirations and events are also unfolding. The editorial desk is thankful to all those who contributed to this edition. We appreciate your support and feedback. We hope going through this newsletter is as enjoyable for you as it is for us bringing it to

you.

Happy Reading...!

#### <u>ABOUT THE COLLEGE</u>

The college came into being as Govt. Degree College Hiranagar in January 2005 with 4 courses under BA Program. The college was renamed as Girdhari Lal Dogra Memorial Degree College Hiranagar by J&K Govt. on October 12, 2006. The B.Sc Degree program was introduced in 2010. The college runs currently 18 courses (subjects) in different combinations under BA and B Sc Degree programs.

Spread over an area of about 47 kanals, the campus is blessed with mighty mango trees that offer canopy, making it an ideal locale for pursuit of higher education. The college is situated about 1 km away from Jammu–Pathankot National Highway and is equidistant from Hiranagar town, leaving campus free from noise pollution.

Within a short span of its existence, the college has carved out a niche for itself in academic circles of Higher Education, by bagging THIRD POSITION in 2014, TWO FIRST POSITIONS in 2016 and 2021 and SEVENTH POSITION in 2021, in University Examinations. These academic achievements have strengthened our resolve to proceed in earnest in pursuit of excellence.

Extra-curricular activities are promoted with equal zeal and students have excelled in inter-college competitions organized annually by University of Jammu, retuning as WINNERS with 6 Gold Medals and RUNNER-UP with 7 Silver Medals during the period under report. The college has also bagged FIRST PRIZE in Governor's Rolling Trophy in Volley Ball.

Friendly and family spirit among the staff is encouraged which has facilitated promotion of inclusive participation for enrichment of academic ambience. A perfect coordination exists between Administration, teaching and non-teaching staff and all decisions taken are participatory in nature. The college believes that students are our purpose and facilitating their academic pursuits to the satisfaction of stakeholders is the mission that this institution of higher learning is engaged in.

The college has adopted a neighboring slum village Pathwal and slum area of Hiranagar Ward 2. The NSS and NCC students of the college along with the teachers visit these areas regularly and provide help to school going students in the form of books and stationery.

#### **VISION**

An effective vision statement is vital to a strategic planning process. A vision statement describes what an institution aspires to become in future and the value it enshrines. To educate, empower and make the individual and human resourceful, GLDM Degree College, Hiranagar has the following vision:

- 1. To educate, empower and make the human enlightened.
- 2. To attain higher level of access and excellence in the Higher Education system of rural border belt, with greater efficiency, transparency and responsiveness.
- 3. To explore and nurture the hidden talent of rural students in general and girls in particular.
- 4. To disseminate knowledge and wisdom among students so as to make them responsible citizens of the country.

# **MISSION**

A mission is fundamental to strategic planning. It is an assertion of the Institution's purpose and should easily define its ideals as well as the services provided to various stakeholders. It reflects institution's financial planning, budgeting, staffing and academic programming. The mission statement speaks volumes about aims and goals of an institution. The mission of GLDM Degree College Hiranagar is:-

- 1. To promote quality education through continuous effort, conviction and commitment.
- 2. To empower women and enable them to rise above all constraints.
- 3. To introduce innovative courses which strengthen educational inputs for the betterment of the society and enable our students to face challenges of life effectively.
- 4. To develop all round personality of students through various curricular and cocurricular activities.
- 5. To offer a wide choice of Courses in various disciplines at U.G level catering to a cross section of students from all backgrounds.

# **OBJECTIVES**

- 1. To develop the conative and cognitive abilities of the students.
- 2. To give technological acumen and make them self-reliant.
- 3. To introduce job-oriented courses.
- 4. To develop resourcefulness in the students of downtrodden sections of the society.

# **INSTITUTIONAL CORE VALUES**

- 1. The institute takes much efforts and interest to empower education on moral and ethical values.
- 2. Symposia and guest lectures on relevant topics to sensitize the girl students are organized.
- 3. Gender sensitization committee has been framed in the college to look after the gender related issues.
- 4. The college organizes various programmes to create awareness among students on campus and involve them in maintaining Eco-friendly environment.
- 5. Availability of ramps and arranging scribes for differently abled students to help them pursue higher education is ensured.
- 6. The college regularly organizes/celebrates National festivals, birth and death anniversaries of the great personalities. A programme is organized on the birth anniversary of Mahatma Gandhi Ji every year. The Independence Day and the Republic Day are also celebrated very passionately.
- 7. The external auditor verifies income and expenditures of various financial aspects.
- 8. The institution strives hard to provide a best place to work to the faculty members.
- 9. It aims to ensure production, security, cultural and social development, welfare measures and conducive environment, and offers opportunities for all according to their ability without discrimination.

# **INTERNAL QUALITY ASSURANCE CELL (IQAC)**

The main Objective of Internal Quality Assurance Cell (IQAC) of the College is to help in planning and monitoring the functioning of the College and also give its stakeholders and beneficiaries a cross sectional participation in the institution's quality enhancement activities. The IQAC of this Institution aims to create and promote a positive attitude and approach, motivating and providing support to the College for Organizing Co- and extra-Curricular activities, providing research culture, encouraging teacher to organise seminars, workshops etc. and motivating students to learn beyond the Curricular aspects. IQAC has its own strategies and quality measures, which are thoroughly discussed with the administration and for the said purpose, different committees have been formed in the College.

# **GOALS OF IQAC**

The primary goals of IQAC are:

- 1. Internal Quality Assurance Cell (IQAC) is to build and ensure a quality culture at the institutional level.
- 2. The IQAC is meant to plan, guide and monitor Quality Assurance (QA) and Quality Enhancement (QE) activities of the College.
- 3. The IQAC shall not be a record-keeping cell but shall channelize and systematize the efforts to pull the College in the path of academic excellence.
- 4. The IQAC should become a driving force for ushering in quality by working out intervention strategies to remove deficiencies and enhance quality.

# **ROLE OF IQAC**

The role of the IQAC is guided by the objectives such as Institutionalization and enhancement through:

- 1. Conscious Initiatives
- 2. Catalytic innovations.
- 3. Consistent Approach.
- 4. To induce dynamism in academic ambience.

#### ACTIVITIES AT A GLANCE (01 AUG, 2022 - 31 MARCH, 2023)

#### **GLDM GDC HIRANAGAR GETS NAAC ACCREDITATION**

Government GLDM Degree College, Hiranagar, affiliated to University of Jammu, has been awarded with Grade B+ on 10-08-2022 by the National Assessment and Accreditation Council. A Peer Committee constituted by NAAC under the chairmanship of Prof. Jagdish Patnaik (Pro-Vice Chancellor, Mizoram University, Aizawal Mizoram), Prof Vijay Fulari (Professor, Department of Physics, Shivaji University Kolhapur, Maharashtra) and Dr. Renukaradhya SC (Former Principal, Government First Grade College, Madhugiri, Tumkur Karnataka) visited the campus on 2<sup>nd</sup> and 3<sup>rd</sup> August, 2022. During the two day visit the peer team visited the facilities and interacted with the Head of the Institution, Heads of various Departments, IQAC Coordinator and its members, teaching and non teaching staff, as well as students, parents and alumni.

Dr. Pragya Khanna, Principal of the college congratulated all the teaching and non teaching staff and said that it was an honour for Government GLDM Degree College Hiranagar to get B+ Grade accreditation which is valid for five years with a Cumulative Grade Point Average (CGPA) of 2.66. This is the result of the teamwork of teaching and non teaching staff, alumni, students and our well wishers. She further stated that the college always believed in quality enhancement as an integral part of achieving academic excellence.

Prof. Sujat Khan, IQAC coordinator also congratulated all the faculty members of the college and said, "This is just the beginning of our achievements and we will continue to strive for excellence by encouraging learning atmosphere and building greater designers of tomorrow".



#### HAR GHAR TIRANGA CAMPAIGN

This period also marks 'Har Ghar Tiranga' campaign under the aegis of Azadi Ka Amrit Mahotsav. The campaign was initiated to encourage people to bring Tiranga back home and to hoist it to mark the 75th year of India's independence. The relationship of people with the flag has always been more formal and institutional than personal. By bringing the flag home collectively as a nation in the 75th year of independence thus becomes symbolic of not only an act of personal connection to the Tiranga but also an embodiment of the commitment of the people in nation-building. The idea behind the initiative was to invoke the feeling of patriotism in the hearts of the people and also to promote awareness about the Indian National Flag. In this regard a number of programmes were organized in the college which are listed ahead.

The campaign was a remarkable success in the sense that many in the beginning of the campaign were indifferent or apprehensive about it. But after the successful completion of all the activities and events in the fortnight, an attitudinal change was witnessed among the students. Further the activities held under the campaign spread awareness and information on the freedom movement and the constitution on one hand and also instilled a sense of respect and pride towards the freedom fighters and national insignia on the other hand.

#### "LET'S CELEBRATE PHYSICS" CELEBRATED IN THE REMEMBERANCE OF THE "MISSILE MAN OF INDIA", BHARAT RATNA DR. APJ ABDUL KALAM.



APJ Abdul Kalam's Death Anniversary: GLDM Degree College Hiranagar organizes "Let's Celebrate Physics"



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and and bindin the competitions were Tamis Sharma & & Sonik Sharma of Semi 4h and Yoti Jaha of Semi Alam and Ma. Memalahi and Sangara and Sangara Kalam in English and Hundi Iangaragis, respectively. De Pugys Khonso quality of the efforts of the adapting on the efforts of the adapting on the efforts of the adapting such technic department Di Kalam. Shu tatatemin Di Kalam Shu tatatemin Di Kalam Shu tatatemin Di Kalam Shu tatatemin Di Kalam Shu

Department of Physics GLDM GDC Hiranagar organized an event under the title "Lets Celebrate Physics". In this programme a number of events like plantation Drive, Speeches, Model Making and Poster Making competitions were organized. All these events were held to pay tribute to the Bharat Ratan Dr. APJ Abdul Kalam, the "Missile Man of India" on his Death Anniversary. The organizing team of the programme comprised of Prof. Ajay Kumar Sharma Head, Department of Physics and Dr. Preeti Verma, Assistant Professor (Physics).

The whole pa

em Dr. Fred

#### POSTER-MAKING COMPETITION ORGANISED ON THE THIRD DAY OF "DIGITAL J&K WEEK CELEBRATION". STUDENTS FROM SEMESTERS II

Department of English and department of History, GLDM GDC Hiranagar organized a Postermaking competition on "Digital J&K Week Celebration". The participants of the competition comprised of the students of semesters II and IV. Students through their art and skills showcased different posters regarding the types of e-services provided by different departments of the Govt. of India. The organizers of the programme were Prof. Bhawana Jamwal, Head Department of English and Dr. Anju Rani, Head Department of History.



#### A SYMPOSIUM ON "THE VARIOUS ONLINE SCHEMES AND SERVICES LAUNCHED IN J&K"

GLDM GDC Hiranagar organized a symposium on "The various online schemes and services launched in J&K". The symposium was held with the idea to spread awareness about the Digital transformation taking place in J&K and also to mark the Digital J&K Week Celebration. Students from semesters VI, IV and II participated in the symposium with great enthusiasm and highlighted the importance and relevance of e-schemes like Digi-locker, National Mission on Education through information and communication technology (ICT), MyGov etc.



#### A PROGRAMME ORGANISED IN COLLABORATION WITH THE CENTRAL RESERVE POLICE FORCE

GLDM GDC Hiranagar organized a program on 'Har Ghar Tiranga' campaign in collaboration with the Central Reserve Police Force, 121 battalion Hiranagar, Kathua. The officials of the Central Reserve police Force, 121 battalion visited the College and interacted with the students and staff members and discussed various things related to hoisting of the National Flag.



#### DEPARTMENT OF MUSIC RELEASED A BOOK WITH THE TITLE 'ROLE AND IMPORTANCE OF MUSIC EDUCATION IN SCHOOLS'

Department of Music, Govt. GLDM Degree College Hiranagar released a book with the title 'Role and Importance of Music Education in Schools'. The book consists of the proceedings of the National Webinar held under the aegis of Azadi ka Amrit Mahotsav and it contains the research papers contributed by professors, eminent musicians, teachers and research scholars.



A book "Role and Imperance of Music Education Schenk" being refersed by dignitaries at Gove. ELDMI College

Book 'Role & Importance of Music Education in Schools' released

ir HIRANAGAR (Kathu r Aug 5: Department of Mus Government GLDM Degr College Hiranagar released book with the title 'Role a Importance of Music Educati in Schools', here today. of The book was released

the NAAC Peer team compriting of Prof Jagdish Kumu 2019 Patnaik, Pro-vice Chancelle Mizoram University, Prof Vija 2019 Janardhan Fulari and E Renukaradhaya SC along wi the College Principal, Dr Pragy Khanna, IQAC coordinato

Prof Shujat Khan and the editors and editorial board of the book. The book consists of the proceedings of the national webinan research papers contributed by professors, musicians, teacher and research scholars. The book deals with the various issue pertaining to the introduction of music as a subject in schools and The introduction of music

lucation in schools is as impornt as the introduction of physi-Edu

role of music could be witnessed to enhance brain development, I help fighting against stress disorders and also helps in building I connection and relation between humans," said a speaker while S releasing the book releasing the book Khanna, extended heartleft

wishes to the contributors and u editors. She expressed the hope L that the work would become an asset for academicians and policy makers and will also act as a source of inspiration for everyso as a subject or accer or undertake negarch.

The inclusion is edited by Dr 3 herat Bhushan, Head 1 theat Bhushan, Head 1 thushan Kumar, Assistant is nofessor is the co-editor of the a purptised of Dr Arun Kumar, c amprised of Dr Arun Kumar, c amprised of Dr Arun Kumar, c nofessor Department of Bogri nd Vikram Jamwal, Physical itector Department of Digri nd Vikram Jamwal, Physical

si- Education and Sports.

#### AWARENESS CUM SENSITIZATION PROGRAMME ON THE "FLAG CODE OF INDIA"

Departments of Hindi, Political Science, English and Education of GLDM GDC Hiranagar collectively organized awareness cum Sensitization Campaigning on Flag Code of India. The programme was held to sensitize the students about the procedure and conduct in relation to the National Flag of India. The Indian National Flag represents the hopes and aspirations of the people of India. It is the symbol of the national pride and there is universal affection and respect for, and loyalty to, the National Flag. It occupies a unique and special place in the emotions and psyche of the people of India.

The hoisting/use/display of the Indian National Flag is governed by the Prevention of Insults to National Honour Act, 1971 and the Flag Code of India, 2002 which was all dealt in detail in this programme.



#### SIGNED AN MOU WITH DIST. YOUTH SERVICES & SPORTS, KATHUA TO COLLABORATE TALENT HUNT RELATED ON AND OTHER **SPORTS**

An MoU was signed between Dist. Youth Services & Sports, Kathua to encourage and promote exchange of programmes, experiences, skills, techniques, information and knowledge in the field of Sports and physical education. Both the institutions after signing the MoU shall work together in organizing talent hunt programmes at school, panchayats, block and tehsil levels. Coaching and other training programmes shall also be held to improve the performance of players.

# GDC Hiranagar signs MoU with YSS Kathua

EARLY TIMES REPORT JAMMU, Aug 8: GLDM GDC Hiranagar signed an MoU with Dist. Youth Services & Sports, Kathua. Vikram Jamwal (Physical Director) Govt. GLDM GDC Director) Govt. GLDM GDC Hiranagar & Sunil Kumar, Dist. Youth Services and Sports Officer, Kathua signed Moli in presence of Dr. Bharat Bhushan HOD Music of the College & Dhanraj Singh PET, Weight Lifting coach (YSS). (YSS).

(YSS). The terms, conditions and objectives of the MoU were read out by Vikram Jamwal. The emphasis is compete at state and nato encourage and promote

tional level. The entire MoU was planned and executed un-der the able guidance of exchange of programmes, experiences,

the field of Sports and physical education. This would also encourage the development of sports in the College as well as Schools of tehsil Hiranagar. Both the institutions Both the institutions after signing the MoU shall work together in organising talent hunt programmes at school, panchayat, block, tehsil and college level. Fur-ther Coaching pro-grammes will also be organised to improve the performance of the players so that they can compete at state and na**PRATIBIMB** 

Dignitaries signing memo of understanding

#### AN INTRA-COLLEGE QUIZ ON INDIAN NATIONAL MOVEMENT AND NATIONAL INSIGNIA

A quiz competition on the theme Indian National Movement and National Insignia organised by the Department of Sociology, Govt. GLDM Degree College, Hiranagar. The competition was organised as a part of the Har Ghar Tiranga Programme under the aegis of Azadi Ka Amrit Mahotsav@75. The competition was conducted with the objective to make students aware about the struggle and sacrifices of the freedom fighters as well to instil a competitive and cooperative spirit. The quiz was organised in online mode on 25<sup>th</sup> of July and shortlisted candidates from the online competition were called for an offline quiz in the college on 26<sup>th</sup> of July. The candidates were divided to four teams (A, B, C and D) of 4 members each. The questions in the quiz spanned across the range of the struggle for the freedom. The competition was also focussed on the questions related to National Insignia especially the National Flag i.e. the tricolour.

#### Govt GLDM Degree College Hiranagar organises Intra-College Quiz

Hiranagar, July 26: A quiz competition on the theme Indian National Movement and National Insignia was organised by the Department of Sociology, Govt. GLDM Degree College Hiranagar. The competition was or-ganised as a part of the Har-Ghar Tiranga Programme under the aegis of Aza-diKaAmrit/Mahotsav@75. The competition was con-The competition was con-ducted with the objective to aware the students about the struggle and sacrifices of the fre m fighters as well to instill a competitive and

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across the range of the strug-gle for the freedom. The competition was also focussed on the questions related to National Insignia especially the National Flag i.e. the

tricolour. The quix was held in seven rounds in which each ques-tion carried 10 points if an-swered correctly. For the wrong answer negative marking of five points and for the passed on questions five points were given. All the candidates showed great enthusiasm in thequiz. After the seven rounds team C the seven rounds team C which comprised of Amit Sharma, Neha, Jyoti and Sadika secured maximum points and was declared the winner. Mr. Vikram Jamwal, Physical Director Department of Physical Education and Sports and Dr. Arun Kumar Head Department of

Sociology quizzed theques-tions. While Dr. Bharat Bhu-shan Head Department of Music, Dr. Mukesh Kumar Assistant Professor Music and Dr. Ravinder Singh, Lecturer Departmentor (So-ciology were the adjudicators of the programme. The quiz was organised collaboratively by Depart-ment of Sociology, Depart-ment of Physical Education and Sports and Department

and Sports and Department of Music. The entire programme was held in consul-tation and support of Dr. PragyaKhanna, Principal of the College. The programme was held keeping in view all the COVID related SOPS.

#### CHESHTA; THE NSS UNIT OF THE COLLEGE CELEBRATED FESTIVAL OF RAKSHA BANDHAN WITH CISF JAWANS AT SHANTI NEKETAN

The volunteers of NSS unit named Cheshtha of GLDM GDC Hiranagar celebrated the festival of Raksha Bandhan with CISF Jawans at Shanti Neketan, Hiranagar. The girls volunteer of the college celebrated the festivals by tying Rakhi on the wrists of the soldiers of CISF.



#### HAR GHAR TIRANGA RALLYAND HOSTING OF THE NATIONAL FLAG PRIOR 15<sup>TH</sup> AUGUST

A Tiranga Rally was taken out by the Principal, Staff Members and students of the College inside the campus. The national Flag was hoisted by Dr. Pragya Khanna the Principal of the College. All the faculty members and non-teaching staff of the college along with NSS Volunteers and NCC Cadets participated in the ceremony.



#### AN ONLINE LECTURE ON RESEARCH METHODOLOGY HELD UNDER THE AEGIS OF AZADI KA AMRUT MAHOTSAV

Department of Sociology, GLDM GDC Hiranagar organised an online lecture on 'Research Methodology' under the banner of Sociological Imagination Forum (SIF). Prof. Vinod K Choudhary, the Resource Person elaborated in detail the tools, techniques and methods used in sociology. Prof. Choudhary described research methodology an interesting subject which people

almost use subconsciously everyday to carry on with their lives. However, the same has to be learned in a methodical and systematic manner so as to apply it scientifically in the society. Research he said is a systematic and empirical investigation into a phenomenon. Both quantitative and qualitative aspects of research were described in detail by the resource person. He said that when one trains oneself in the field of research the cumbersome process of research eventually turns out be very interesting field.



**CELEBRATION OF INDEPENDENCE DAY** 

The Independence Day was celebrated in the college premises by hoisting of the National Flag and speech by NSS volunteers on the freedom struggle. All the teaching and non-teaching staff members, NCC Cadets, NSS Volunteers participated in the celebration of the completion of 75 years of India's independence.



#### LAUNCH OF SOCIOLOGICAL COMMUNIQUE: A MONTHLY SOCIOLOGY NEWSLETTER WITH THE THEME OF HAR GHAR TIRANGA FOR THE MONTH OF AUGUST



During the Independence Day celebrations the Principal of the College also launched the monthly newsletter of the Department of Sociology with the name "*The Sociological Communique*".

The theme of the issue for the month of August was Har Ghar Tiranaga. The newsletter started under the aegis of Azadi Ka Amrit Mahotsav @75 and Ek Bharat Shrestha Bharat. The celebration of the completion of 75 years of independence and the entrance of the nation into the last quarter of the centenary of India's Independence marks the focuses of the newsletter. The newsletter on the one hand showcased the different activities of the Department of Sociology and published articles and book reviews on the themes and sub-themes like India's freedom struggle, The National Anthem, The National Song, The National Emblem, The Constitution of India and other sub-themes relevant to the context of freedom struggle. The short articles and book reviews were contributed by the students of the college. The theme of the National Flag was given due importance in order to spread awareness and also to connect people with the flag on personal basis as well as for the personification of our commitment to the progress and development of the nation through the process of nation-building initiatives.

#### A WEBINAR ON VISHWA GURU BHARAT: CHALLENGES AND POSSIBILITIES

Department of Sociology GLDM GDC Hiranagar organised a webinar on the topic Vishwa Guru Bharat: Challenges and Possibilities through a Sociological lens. The keynote speaker of the webinar was Dr. Shivam Singh, Assistant Professor Department of Sociology, University of Rajasthan. The webinar was presided over by Dr. Pragya Khanna Principal of the College. The speaker discussed in detail the challenges and opportunities India is going to face in the project of making India into a Vishwa Guru. India's freedom from British rule is a hard-earned liberation however the



clutches of western modernity, language and literature still which could be relevant for their time and context is still strongly held in India. While discussing the historiography it was debated that the history of medieval age and ancient time has been subjected to ideological violence resulting in gross distortions and self-denigration and it is further convincingly believed that certain motivated acts of omission and commission have taken place in the process of history writing. Many contributions remain unacknowledged. The revival of the ancient literature and the tales of the national heroes have also to be retold and made an important part of the ancient literature. The best of what India is has to be made the integral part of the education system of India. It is an onus on the shoulders of the present generation of historians and sociologists to tell the nation its true history and sociology. The webinar started with the welcome address by Dr.Arun Kumar Head Department of Sociology. The formal introduction of the speaker and moderation of the webinar was made by Dr. Ravinder Singh, faculty, Department of Sociology

#### A PROGRAMME ON GENDER EQUALITY AND AWARENESS OF LEGAL RIGHTS OF WOMEN

Women Counseling Cell and Equal Opportunity Cell of GLDM GDC Hiranagar organized series of two lectures on the topic "Gender Equality" and "Awareness of Legal Rights of Women" under the aegis of IQAC and "Shikshit Bharat Shaksham Bharat" Scheme. The resource person, Ms. Radha, Advocate J&K High Court talked about Gender Equality and apprised the students about various opportunities irrespective of gender. She discussed various legal rights for the safety and protection of women and especially female students of the College. The special guest of the event was Mr. Bhanu Partap Jasrotia, Advocate J&K High Court. The event was organised by Dr. Davinder Kour Convenor of Women Counseling Cell and Equal Opportunity Cell.



#### GLDM GDC HIRANAGAR HOSTS PADMASHRI DR. KIRAN SETH

GLDM GDC Hiranagar hosted SPICMACAY founder Padma Shri Dr. Kiran Seth who was on an anter-yatra(i.e. an inner journey) on the bicycle from Kashmir to Kanykumari. Dr. Kiran Seth through his journey had tried to disseminate Mahatama Gandhi's message of simple living and high thinking on one hand and promoting cycling for good health and clean environment as well as the celebration of composite heritage of India on other hand. Dr. Seth was received in the college premises by the Principal of the college Dr.Pragya Khanna along with other staff members and students of the college. Mr. Vikram Singh Jamwal ,PTI of the college accompanied him from his last stay to the college and also escorted him for the next stay from the college.

Dr. Seth held an orientation programme in which Principals and students of many surrounding colleges and schools participated. Those who attended his orientation programme included Prof. Romilla Bhat, Principal GDC Marheen along with students, Mr. RL Kalia BDC Chairman Hiranagar, Dr. PS Pathania former Registrar the University of Jammu, students and accompanying staff of different schools of the region. Dr. Seth in this interaction highlighted the traditional knowledge system and skills to live a life of simplicity and in consensus with the environment. While addressing the objective of SPICMACAY he said that it is not an organization but a movement that focuses on the enrichment of the quality of education by increasing awareness about different aspects of Indian culture and heritage. He further called upon the audience to implement, imitate and imbibe the values, and wisdom embedded in the rich cultural heritage of India.

In his one day and night stay, the College managed to become part of the chapter of SPICMACAY in Jammu and Kashmir in which the college would be going to organize and participate in programmes and events of SPICMACAY in the near future. The college has also been given the responsibility of involving other schools and colleges in the vicinity in this venture of reestablishment of the link with heritage, culture, grass root issues and identities.



FOUR ONLINE LECTURES HELD UNDER MANTHAN

PROF. SUVARNA WAD FROM MADHYA PRADESH DELIVERED 9<sup>TH</sup> LECTURE OF MANTHAN

#### **PRATIBIMB**

#### Prof Suvarna Wad from Madhya Pradesh features in 9th lecture under 'Manthan'

STATE TIMES NEWS HIRANAGAR: Department of Music Govt. GLDM Degree College Hiranagar organised ninth lecture of Manthan from the central zone of India. Manthan which is the online lecture series from J&K to Kanyakumari features one phenomenal lecture every Saturday at 12.30 PM. The series has reached the central zone so far. The series is held under the aegis of Ek Bharat Shreshta Bharat and Azadi Ka Amrit Mahotsay 75. The topic of today's lecture was "Malhar ke Aprachalit Prakaron ka Bandish ke Aadhar par Vishleshan". The resource person for the lecture was Former Prof. Dr.

#### ish translation Udhampur

practical and theoretical skills tion in English. The workshop

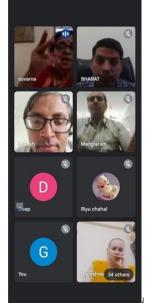
Suvarna Wad from Mata Jijabai GGPG College. Indore, Madhya Pradesh. Prof. (Dr.) Pragya Khanna, Principal, Govt. GLDM Degree College, Hiranagar was the Chief Guest on the occasion. She highly appreciated the online lecture series wherein the experts in music from diverse backgrounds from the whole country are

participating and exchanging their opinions on culture and music. The resource person, Prof. Dr. Suvarna Wad in her lecture elaborated the different types of Malhar. She compared the malhar with other raga. She also discussed on the Thata Padditi and Ragang Padditi. She demonstrated few bandishes in different ragas which included the Mian Ki Malhar, Guad Malhar, Sur Malhar, Megh Malhar, Ramdasi Malhar and

Charju ki Malhar etc. The lecture began with the welcome address by Dr. Bharat Bhushan, Head, Department of Music who

also handled the proceedings of the lecture. Dr. Bharat Bhushan also informed that a book comprising the papers and lectures of all the invited resource persons will be published after the completion of the series. The entire work will be historically documented. The work and initiative would strengthen the institution at large. That is the idea, approach and philosophy of the entire concept initiated by the Department of Music under the guidance and leadership of the worthy principal Prof. (Dr.) Pragya Khanna.

by the students, teachers and music lovers from across the nation.



#### CHHAU NRITYA DASHA AUR DISHA FEATURED IN 10<sup>TH</sup> ONLINE LECTURE ORGANISED BY THE DEPARTMENT OF MUSIC, GOVT. GLDM DEGREE COLLEGE HIRANAGAR, JAMMU AND KASHMIR

Department of Music Govt. GLDM Degree College Hiranagar organised the 10th online lecture

under the series named "Manthan". The lecture was on the topic Chhau Nritya Dasha Aur Disha. The resource person for the lecture Dr. Sanjay Kumar Choudhary, from Jharkhand, is a well known scholar, folklorist and Chhau artist. The resource person in his lecture described in detail about the Purulia Chhau of West Bengal, the Chhau of Jharkhand Seraikella and the Mayurbhanj Chhau of Odisha. He elaborated the differences between the dances. He also described the present situation of the dance. Further, he agreed to the proposal to organise a Chhau Dance Festival in Jammu.



#### ELEVENTH LECTURE OF MANTHAN HELD AT GLDM GDC HIRANAGAR

Department of Music Govt. GLDM Degree College Hiranagar organised 11<sup>th</sup> online lecture under the series named "Manthan". The lecture was on the topic Odissi Sangeet: Pracheen Bhartiya Shastriya Sangeet Ki Analochit Poorvi Dhara. The Chief Guest of the programme was Prof. (Dr.) Pragya Khanna Principal of the College. The resource person for the lecture Mr. Pradteek Pattnaik hailed from Odisha is a research scholar and musician. He elaborated the details of Odissi Music and also compared it with other music of other parts of the nation. He

also explained the tradition and culture of Jagannatha temple. With a power point presentation he elaborated and depicted the literature and tradition of sung and also enthralled the audience by singing a few traditional bandishes of Odissi Music.

#### **GLDM GDC Hiranagar organises** eleventh lecture under 'Manthan' Gandhi GCW Nagar

KHALSA EXPRESS NEWS H I R A N A G A R : Department of Music Govt GLDM Degree College Hiranagar organised 11th online lecture under the series named "Manthan". The idea of Manthan was conceived ten weeks back in which online lecture from Jammu and Kashmir to Kanyakumari were planned to be executed on weekly basis. The programme was held

under the aegis of Ek Bharat Shreshta Bharat and Azadi Ka Amrit Mahotsav @75. The lecture was on the topic The lecture was on the topic Odissi Sangeet: Pracheen Bhartiya Shastriya Sangeet Ki Analochit Poorvi Dhara. The Chief Guest of the programme was Prof. (Dr.)

Pragya Khanna Principal of the College. She highly appreciated the idea of the series of online lectures by the Department of Music every week. The resource person for the lecture Mr. Pradteek Pattnaik hailed from Odisha is a research scholar and musician.

He is famous for the writ-ings and talks on the culture of Odisha. He has a special focus on the tradition of Jagannatha Temple the literature related to Music. He elaborated the details of Odissi Music and also com-



pared it with other music of other parts of the nation.

He also explained the tra-dition and culture of Jagannatha temple. With a power point presentation he elaborated and depicted the literature and tradition of sung and also enthralled the audience by singing a few traditional bandishes of Odissi Music.

Earlier, the programme begun with the formal welcome address by Dr. Bharat Bhushan Head, Department of Music. Dr. Bharat also reiterated the project of compilation of all the pro-ceedings and articles from all the lectures into a book

all the fectures into a book form. The work and initiative would be a contribution to the knowledge and literature in the field of music which would further strengthen the institution at large. The projinstitution at large. The proj-ect is encouraged and sup-

ported by the worthy Principal of the college Prof. (Dr.) Pragya Khanna. The webinar was attended by the students, teachers and

music lovers from across the nation. Many participants discussed and shared their

views about the series. Those who attended the lecture were Principal Govt. Degree College Mahanpur, Prof. Renu Sehgal from

# Drug peddler arrested v

college.

HARPREET SINGH KHALSA EXPRESS NEWS UDHAMPUR: Continuing JKP's WarOnDrugs offen-sive to contain the spread of narcotic drugs & psynarcotic drugs & psy-chotropic substances Udhampur police recovered 10.40 grams of contraband substance Heroin (Chitta) from narcotic smuggler at Tikri

Police party of PP Tikri



College, Dr. Sanja from GCW U

College, Prof. Lawanaya

College, Prof. Lawanaya Kirti Singh from Bihar, Dr. Nishtha Sharma and Prof. Asha Rani, Govt. MAM College, Jammu, Sangita Panda from Odisha, Prof. Neha Bhagat, Dr. Arun Kumar, Dr. Mukesh Kumar and many more. The programme conclud-

The programme conclud-ed with the formal vote of thanks tothespeakerand the

audience by Dr. Bharat Bhushan. The programme organized together

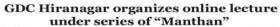
organized together with Department of Sociology and the Department of Physical Education and Sports in consultation and support of Prof. (Dr.) Pragya

Khanna, Principal of the

Kalotra Udhampur

#### DEPARTMENT OF MUSIC, GOVT. GLDM DEGREE COLLEGE HIRANAGAR, **JAMMU AND KASHMIR ORGANISED MANTHAN' 12TH LECTURE**

Department of Music Govt. GLDM Degree College Hiranagar organised 12<sup>th</sup>online lecture under the series named "Manthan". The lecture was on the topic Raag Nirupan mein Bandish Rachnadharmita ki Aur Nihit Soundraya. The resource person for the lecture Prof Lawanya Kirti Singh 'Kabya' is a well known artist and Dean, Faculty of Fine Arts, Lalit





Narayan Mithila University, Dharbanga, Bihar. She in her lecture described in detail about the Raga and the importance of Bandish in raga. She described different styles of Raag Gayaki of different regions. She also performed few Raag such as Raag Yaman, Raag Bageshri, Raag Kalavati, Raag Kahamaj and Raag Durga during her presentation.

#### PRATIBIMB

#### **5 DAY LONG EVENTS HELD IN VIEW OF TEACHERS DAY 2022**

Teachers Day 2022 was celebrated at GLDM GDC Hiranagar by organizing events consecutively for five days starting from the day of the birthday of Sarvapali Radhakrishnan i.e. 5th September. On the first day Faculty members were felicitated by the principal of the college with the certificates of appreciation. Second day begun with variety of cultural programmes followed by debate competition and book reading competition held on the following days. The programme culminated with a scintillating dance and singing performance by the students. JUNIJ

# **GLDM** degree college Hiranagar celebrated Teacher's day 2022

JAMMU, Sept 5: To con orate the birth anniv JAMMU, Sept 5: To commen-orate the birth anniversary of former president of India Dr.Saryapil Radhakrishnan, G.L.D.M. Degree College Hi-ranagar celebrated Teaching faculty for thank its Teaching faculty for their commitment towards teaching. The teachers day was organised with incred-ble Gusto and Zeal by the student's of G.L.D.M. Degree College. The programme comk mayahins rMt. umif. E wynhi taation re ible Gusto and Zeal by the student's of GLDM. Degree College. The programme con-response of the student of the student result of the student of the student in Dr. Sarvayna in Radhakrish-nan, by principal of the college Dr. Prayar Khanna, the Chief Guest on the occasion along with all the faculty members. Teachers play a major role in making their students respon-nois down the students respon-good human beings. Hence to express their gravitude a wide range of activities were organ-ised on this occasion. There was a solo performance of



Teachers, students pose for group photograph.

Sparsh of B.A. Sem.4th. Inder-Sparsh of B.A. Sem.4th. Inder-jeet Kumar one of the ex-stu-dent of G.L.D.M. Degree col-lege expressed his gratitude and respect to the teachers for their unconditional love and support. Prof.Rakesh Kumar (HOD Hindi Department) also excasion and highlighted the role of a teacher in society and Nation building. All the teachers enjoyed and appreciated the programme. In the end all the teachers were facilitated with a Certifi-

cate of Appreciation. Princi-pal of the College, Dr. Pragya khanna in her presidential address appreciated the stu-dents for organising the pro-gramme well. A webnar was also organized under the title "VICHAR" in which Dr. Bolwant Thaklur was the Re-source person. He expressed his thoughts regarding the importance of Theatre-The whole Programme was orgaimportance of Theat whole Programme was nized under the able gu of Dr. Pragya Khanna v Principal of the College. was

ebrate Teachers' Day at Government Girdhari Lal Dogra Memorial Degree College Hiranagar which witnessed a series of activities. On the first day, faculty members were felicitated by the Principal of the college with the certificates of appreciation. The second Day witnessed a variety Cultural programme and different games like musical chair, picking of slips, lemon race, skit on the role of teacher etc for teachers. On Day three a Debate Competition was organized in which

TNN BUREAU

KATHUA: Five Day Pro-

gramme was organized to cel-



Book reading, debate competition held

Tania bagged 1st position, Ganakshi stood 2nd and Reema clinched 3rd position. Jury Members were Sujat Khan, Gurdaval, Arun Kumar. The Book Reading Com-

petition was organised on day four in which Sushil Rana bagged First position, Mansi bagged 2nd and Payal Jasrotia bagged third position, while

Meenakshi got consolation

Rajesh Sharma, Neeru Devi Anand, and Preeti Verma. On the last day of celebration, students presented a scintillating dance and Singing programme. Certificates were distributed among the winners and participants. The Programme was organised under able guidance of Dr Pragva Khanna, Chief Patron and Principal of the College. Others present on the occasion were Parveen, Aiav, Maniot, Bhayana, Aniu, Jyoti, Kiran, Chinky, Ritika, Arun, Arvind, Anil, Nidhi, Arun, Neha, Kamlesh, Bharat, Mukesh, Ritu and Vikram.

prize, Jury members were



#### PRATIBIMB

#### 13<sup>TH</sup> ONLINE LECTURE UNDER THE SERIES OF MANTHAN

Department of Music in Collaboration with the Department of Sociology and Department of Physical Education and Sports organised 13<sup>th</sup> online lecture under the series named Manthan which is being held on Saturday of every week since June 2022. The lecture was delievered on the the Musical Instruments Making in West Bengal by Swarup Biswas Talukdar. The lecture was attended by students, staff members and music lovers from different regions of India.

# 13th online lecture under 'Manthan' series held in Hiranagar

#### TNN BUREAU

HIRANAGAR: Department of Music Govt GLDM Degree College Hiranagar organised 13th online lecture under the series titled "Manthan". The idea of online lecture series from Jammu and Kashmir to Kanyakumari were planned to be executed on a weekly basis from the month of June 2022 onwards. The programme is regularly being held under the aegis of Bharat Shreshtha Ek

Bharat and Azadi Ka Amrit Mahotsav @75. The lecture for this week featured Swarup Biswas Talukdar who spoke on the topic "Musical Instrument Making in West Bengal ". The Chief Guest of the programme was Prof Pragya Khanna Principal of the College. She highly appreciated the idea of the series of online lectures by the Department of Music every week. The resource person for the lecture Swarup Biswas Talukdar is a very

famous Instrument maker of West Bengal. His brand Swarup's has been acclaimed by many famous vocalists across the globe. He in his lecture described in detail the process of instrument making from the very beginning. Talukdat described in detail the manufacturing process of Swar Mandal and Harmonium by his brand. He also talked about the other instrument makers and the future of instrument makers in the country.

#### ONLINE INTERACTION WITH PADMASHIRI BALWANT THAKUR

Padmashiri Balwant thakur, Director of Indira Gandhi Centre for Indian Culture, High Commission of India Mauritius was the resopurce person for the lecture on Role of theatre in Education. The lectue was organised by the department of Music, Sociology and Physical education and sports of GLDM GDC Hiranagar. Balwant Thakur in his address expressed that theatre is an important institution of the society. Theatre boosts confidence of the individual as well as helps in career building of the individuals.

#### GDC Hiranagar hosts interaction with Padmashri Balwant Thakur

■ STATE TIMES NEWS HIRANAGAR: Padmashri Balwant Thalau, Director of Indira Gandhi Centre for Indira Culture, High Commission of India, Mauritus expressed his views on 'the Role of Theatre in Education' in an online programme 'tichaar' organised by Department of Munic, GLDM GDC Hiranagar. The programme was organised under the patronship of Dr. Pragya Khana, Principal of the College. The programme began with the formal address by Dr. Bharat Bhushan followed by welcome of the Gollege. Balwant Thakur in his address expressed that the

acting carver of an individual Karver of an individual Yaseen, Prof. Lawanaya Kurver of the culture and tradition has to be groactive towards promotion of the gurves so that it could be passed on to the next generation. He further added has NCERT has also inchar de some drama courses in the upcoming courses. He also that NCERT has also inchar to the sensel of the same appointed to important positions in state and central is deal so that and tradition. He said theat near should be studied as ourse not solution to the generation law for the same appointed to important positions in state and central is deal so the solution in the said theat nearest of students from the theat of students from the same appointed to important positions in state and central generation. He said the students from the theat and central generation is acting but also for the general understanding of the stree administration. He said the students from the interest of students in acting but also for the general understanding of the stree with the formal vote chied with the formal vote the state of the therest of students and the state is a state of the interest of students and the state is a state of the interest of students and the state is a state of the interest of students and the state is a state of the interest of students and the state is a state of the interest of students and the state is a state of the interest of students and the state is a state of the interest of students and the state is a state of the interest of students and the state is a state of the interest of students and the state is a state of the interest of students and the state is a state of the interest of students and

# GDC Hiranagar hosts theatre interaction with Padmashri Balwant Thakur

HIRANAGAR, Sept 5: Pad

Balvant Takar: the Director of Indirec Gashril-Centre's for Indian Calutarengressed bia views on 'the Role of Thearter in Biotaconton' in an culline programmer 'Vichara' corganised by Department of Maiss, GLMM GOE Hiranagar. The programme was or gastess direct the patrends of the Department of Maiss, GLMM GOE Hiranagar. The programme began with the formal address by De Rhard Rhamah followed by velocine of the Galapac. Balvant Thakar in hits address ear multitution of the codiegt.

oution of them: In the carver and the likewise acids confidence building of the todencies of the todencies confidence building of the todencies People everywhere and particularbe proactive to understand and learn in an courses in the finds art. In fortunes and that there is also enumerate not only adds in the acting carver of an



and improvement of an individkerys society trenspective of the ure and tradition has to be perceation in the society of the society of the generation. He further added that it could be passed on to the first has also included some dratis from the background of thearts is from the background of thearts wanaya Kirti from Bilar, Sh. Sariya Wanaya Kirti from Bilar, Sh. Sariya Nagar, Prod. Yash from GDC (dihampur, Ardvocate Darrarwich from Distrief Court Sanths, Dr. Niddha Shur-College, Jamma, Perof. Nash Bagast, Dr. Arun Kumar, Dr. Makehs Kumar, Perof. Bharna, Dr. Anglu, Bani, Dr. Ayoti Rana, Dr. Ubak Rain, Perd, Ayu Ayoti Rana, De Chan Rain, Perd, Ayu Harah, Perd Mangla Sharma, Dr. Anglu, Bani, Dr. Jyoti Rana, De Chan Rain, Perd, Ayu Harah, Perd Mangla Sharma, Dr. Anglu, Bani, Dr. Jyoti Rana, De Chan Rain, Perd, Ayu Harah, Perd Mangla Sharma, Dr. Anglu, Bani, Dr. Jyoti Rana, De Chan Rain, Perd, Ayu Harah, Bang Sharma, Dr. Anglu, Bani, Dr. Jyoti Rana, De Chang, Sharma, Dr. Anglu, Bani, Dr. Jyoti Rana, De Chang, Sharma, Dr. Anglu, Ayu Herman Yue, Dr. Bharmat, Sharma, Dr. Anglu, Bani, Dr. Jyoti Rana, De Chang, Sharma, Dr. Anglu, Bani, Dr. Jyoti Rana, Dr. Chang, Sharma, Dr. Anglu, Bani, Dr. Jyoti Rana, Dr. Chang, Sharma, Dr. Anglu, Bani, Dr. Jyoti Rana, Dr. Chang, Sharma, Dr. Anglu, Bani, Dr. Jyoti Rana, Dr. Chang, Sharma, Dr. Anglu, Bani, Dr. Jyoti Rana, Dr. Chang, Sharma, Dr. Anglu, Bani, Dr. Jyoti Rana, Dr. Dr. Bharmat, Sharma, Dr. Anglu, Bani, Dr. Jyoti Rana, Dr. Dr. Dr. Bharmat, Sharma, Dr. Anglu, Dr. Bharmat, Sharma, Dr. Anglu, Bani, Dr. Jyoti Rana, Dr. Dr. Bharmat, Sharma, Dr. Anglu, Bani, Dr. Jyoti Rana, Bani, Dr. Dr. Bharmat, Sharma, Dr. Anglu, Bani, Dr. Jyoti Rana, Sharma, Dr. Anglu, Bani, Bani, Dr. Jyoti Rana, Sharma, Dr. Anglu, Bani, Dr. Jyoti Rana, Sharma, Dr. Anglu, Bani, Bani, Dr. Jyoti Rana, Sharma, Dr. Anglu, Bani, Dr. Jyoti Rana, Sharma, Dr. Anglu, Bani, Dr. Jyoti Rana, Sharma, Dr. Anglu, Bani, Bani, Bani, Dr. Jyoti Rana, Sharma, Dr. Anglu, Bani, Bani

not only the formal vote of thanks to the dignidents in taries and the audience by Dr. Bharat al unders. Bhushan. The programme was orgaren nized together with the Department of Sociology and the Department of mi staff Physical Education and Sports in conecollege sultation and support of Prof. (Dr.) Pre promi- awar Khanna. Principal of the collese.



#### **14<sup>TH</sup> ONLINE LECTURE OF MANTHAN**

Department of Music in Collaboration with the Department of Sociology and Department of Physical Education and **Sports** organised 14<sup>th</sup> online lecture under the series named Manthan which is being held on Saturday of every

بتی ایل ڈی ایم ڈگری کالج ہیرائگر کی جانب سے چود ہویں آن لائنین منتصن نیکچر کا انعقاد								
ہر میں شامل ھوئے	ی ناتھ گواآن لائن لیکچ	گوا کے روپیش کاش						
R		Repertments *						
میں، بھے۔ انہوں نے بہت سے اعزازات حاصل کیے میں۔انہوں نے گواکی ثقافت اور دوایت کے بارے میں	روایت کے موضوع پر تھا۔اس پروگرام کی مہمان خصوصی برو فیسر (ڈاکٹر) پرگید تھنہ کالج کی برجیل تھیں۔ انہوں نے جون	لازوال ڈیسک ہیرانگرررجی ایل ڈی ایم ڈگری کالح ہیرا نگر نے ملتحین کے چودھویں آن لائن						
تفصیل سے بتایا۔ انہوں نے گوا میں موسیقی کی ماضی کی روایت کو بھی بیان کیا۔و ہیں اس پروجیکٹ کی حوصلدافزائی	2022 کے مہینے سے ہر مضتے پروگرام کی منصوبہ بندی اور اس پرعمل درآ مد کرنے میں پیتھلمین کی کوششوں کی تعریف کی۔	بلچر کا انعقاد کیا جو جموں و تقمیر سے کنیا کماری تک موسیقی اور آرٹ مے متعلق موضوعات یر آن لائن لیکچرز کا ایک سلسلہ						
اور حمایت کالیح کی پرلیس پر وفیسر (ڈاکٹر) پرگید کھنے کی ہے۔و میں ویٹار میں ملک تجر سے طلباء، اساتذہ اور موسیقی کے	اس لیکچر کے ریسورس پرین رومچش کا شی ناتھ گوجن کا تعلق گوا ہے ہے جو کا لا اکیڈی گوا میں فیکلٹی آف انڈین میوزک	ہے۔ یہ پروگرام ایک بھارت شریشت ہمارت اور آزادی کا امرت موہوتسو 25@ کے زیراہتمام منعقد کیا گیا۔ یہ						
شائفتین نے شرکت کی ۔	اینڈ ڈانس میں ووکل میوزک کے لیکچرر	بکچر گوا کی ہندوستانی کلا یکی موسیقی کی						

Govt. GLDM Degree College Hiranagar organizes 14th online lecture under 'Manthan'

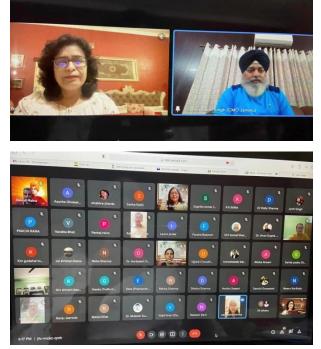
Ministry of Culture, Government of India. He elaborated about the culture and tra-dition of Goa. He also described the tradi-tion of music in Goa from the past. With a st. GLDM De of Khapru

week since June 2022. The topic of the lecture was on tradition of hindustani Classical Music of Goa and the lecture was delivered by Mr. Rupesh Kashinath Gawas. Mr. Gawas is an acclaimed Musician of Goa who has received many titles and awards including Ustad Bismillah Khan Yuva Puraskarm. The lecture was attended by students, staff members and music lovers from different regions of India.

#### A PROGRAM TO COMMEMORATE THE 'POSHAN MAAH 2022'

GLDM GDC HIRANAGAR organised a program to commemorate the 'Poshan Maah 2022' to encourage awareness about Food and Nutrition, healthy eating practices, balanced diet, general immunity development.

The Chief Guest of the programme was Shri K.K.Sidha, JKAS Relief & Rehabilitation Commissioner (M), UT of Jammu and Kashmir and the Guest of Honour was Dr. Harbaksh Singh, Chief Medical Officer, Jammu. The speakers of the programme were Dr. Arun Kumar Gupta, MO Ayush, Dr. Rajeev Kumar Gupta, Professor & Head Community Medicine, GMC Jammu, Dr. Pooja Gupta, Principal, BKPJM, Baraut and Ms. Oorvi Gupta, pursuing MBBS from Lady Hardinge Medical College Delhi.



#### A WEBINAR ON HOW TO DEVELOP LONG TERM IMMUNITY AND **HEALTHY METABOLISM**

A webinar on How to develop long term immunity and healthy metabolism was organised by the Global Helping Hand (Regd) under mission Aarogya ka Abhishek in collaboration with GLDM Govt. Degree College Hiranagar. The chief guest of the programme was Shri K.K.Sidha, JKAS Relief & Rehabilitation

Commissioner (M), UT of Jammu and Kashmir and the Guest of Honour was Dr. Harbaksh Singh, Chief Medical Officer, Jammu. The speakers of the programme were Dr. Arun Kumar Gupta, MO Ayush, Dr. Rajeev Kumar Gupta, Professor & Head Community Medicines, GMC Jammu. Dr. Pooja Gupta, Principal, BKPJM, Baraut and Ms. Oorvi Gupta, pursuing MBBS from Lady Hardinge Medical College Delhi.

#### **GDC Hiranagar, Global Helping Hand** organises webinar on 'How to develop long term immunity and healthy metabolism'

#### JIL NEWS SERVICE

KATHUA, Sep 13: A webinar on 'How to develop long term immunity and healthy metabolism was organised by GLDM Govt. Degree College Hiranagar in collaboration with the Global Helping Hand (Regd) under mission Aarogya ka Abhishek. The chief guest of the programme was K.K. Sidha, JKAS Relief & Rehabilitation Commissioner (M), UT of Jammu and Kashmir and the Guest of Honour was Dr. Harba-ksh Singh, Chief Medical Officer, Jammu. The speakers of the programme were Dr. Arun Kumar Gupta, MO Ayush, Dr. Rajeev Kumar Gupta, Professor & Head Community Medicines, GMC Jammu. Dr. Pooja Gupta, Principal, BKPJM, Baraut & Ms. Oorvi Gupta, pursuing MBBS from Lady Hardinge Medical College Delhi. All the speakers focussed on the theme through different presentations. The role of sports, yoga, ayurveda and other systems were discussed in detail. Everyone every-where has to address to the idea of develop-ment of immunity as it is the primary source of defence of an individual. Different types of immunity, passive immunity, Active immunity, passive immunity, KATHUA, Sep 13: A webinar on 'How to



herd immunity and other types of immuni-ties were discussed in detail. Active immuties were discussed in detail. Active immu-nity is a type of immunity that is created by our own immune system when we come in contact with a harmful pathogen. The active immunity acts as a quick response to out-side invader. Passive immunity is a type of immunity that is achieved by something other than one's own immune system. Active immunity is long lasting while pas-sive immunity is short-lived as the antibod-ies in this type of immunity are not continu-ously replenished, as would occur in an indi-vidual whose immune system is responding ously replenished, as would occur in an indi-vidual whose immune system is responding directly. Dr. Pragya Khanna The Principal Govt. GLDM Degree College Hiranagar also deliberated on the issue and appreciated all the speakers who enlightened the partici-pants with the general understanding as well as specific to the well being of human-ity in general. The webinar was attended by staff members, scholars and students.

#### GDC Hiranagar organizes webinar on 'how to develop long term immunity and healthy metabolism'

#### JAMMU BULLETIN NEWS HIRANAGAR, SEP 13:

A webinar on 'How to develop long term immunity and healthy metabolism' was organised by GLDM Govt. Degree College Hiranagar in collaboration with the Global Helping Hand (Regd) under mission Aarogya ka Abhishek. The chief guest of the programme was Shri K.K.Sidha, JKAS Relief & Rehabilitation Commissioner (M), UT of Jammu and Kashmir and the Guest of Honour was Dr. Harbaksh Singh, Chief Medical Officer, Jammu. The speakers of the programme were Dr. Arun Kumar Gupta, MO Ayush, Dr. Rajeev Kumar Gupta, Professor & Head Community Medicines, GMC Jammu. Dr. Pooja Gupta, Principal, BKPJM,

Baraut and Ms. Oorvi Gupta, pursuing MBBS from Lady Hardinge Medical College Delhi.

All the speakers focussed on the theme through different presentations. The role of sports, yoga, ayurveda and other systems were discussed in detail. Everyone everywhere has to address to the idea of development of immunity as it is the primary source of defence of an individual.Different types of immunities were also discussed. Active immunity, passive immunity, herd immunity and other types of immunities were discussed in detail.Active immunity is a type of immunity that is created by our own immune system when we come in contact with a harmful pathogen. The active immunity acts as a

quick response to outside invader. Passive immunity is a type of immunity that is achieved by something other than one's own immune system. Active immunity is long lasting while passive immunity is short-lived as the antibodies in this type of immunity are not continuously replenished, as would occur in an individual whose immune system is responddirectly.Dr.Pragya ing Khanna The Principal Govt. GLDM Degree College Hiranagar also deliberated on the issue and appreciated all the speakers who enlightened the participants with the general understanding as well as specific to the well being of humanity in general. The webinar was attended by staff members, scholars and students

#### WEBINAR ON SUICIDE ATTEMPTS HELD BY LITERARY CLUB

club of GLDM GDC Literary Hiranagar organised a webinar on the topic Suicide Attempts a Serious Concern. The programme was presided by Dr. Pragya Khanna Principal of the College. Dr. Abhishek Chauhan Consultant and incharge drug deaddiction centre GMC Jammu was the resource person while Dr. Davinder Kaur, Head Department of Education and Convener Literary Club presented formal welcome address to the resource person. The programme was attended by staff and students of the college.

#### Webinar on 'Suicide Attempts: A Serious Concern' held at GLDM GDC Hiranagar

#### STATE TIMES NEWS

HIRANAGAR: Literary Club GLDM GDC Hiranagar held a webinar on the topic Suicide Attempts: A Serious Concern'. The programme was organized in collaboration with IQAC. The programme was presided over by Dr. Pragya Khanna Principal of the College. Dr. Davinder Kour, Head Department of Education and Member Secretary IQAC began the programme by presenting a formal welcome address of the resource person Dr. Abhishek Chowhan Consultant, and Incharge De-addie Centre, GMC Jammu. De-addiction Dr Abhishek Chowhan in his address said that suicide is a major concern for entire humanity. He further added that thoughts of suicide could be understood by a number of factors such as Substance Use, Increased or excessive alcohol/drug use, thoughts of Purposelessness, Anxiety, Trapped that is the feeling as though there is no way out, withdrawal. hopelessness

Recklessness Anger. Mood Changes.

The programme was attended by members of Inner Wheels Members Dr Santosh Gupta Chairman, Paramjeet Kour, President, Gurvinder Kour secretary, staff members and students of the college. Those who attended the pro-included Prof. gramme included Prof. Shujat, Prof. Parveen, Prof. Rajesh Kumar Sharma, Prof. Rakesh Sharma, Prof. Ajay Sharma, Prof. Arun Kumar, Dr. Usha Rani, Dr. Jyoti rani, Prof. Neha Bhagat, Prof. Neeru Anand, Dr. Arun Kumar, Dr. Bharat Bhushan, Prof. Reetika and many more. At the end the formal vote of thanks was presented Prof. Rakesh Sharma by HOD Hindi. The Programme was held under the convener-ship of Prof. Shujat Khan, Head Department of Computer Head Sciences and coordinator IQAC and under the guid-ance and patron-ship of Dr. Pragva Khanna Principal of the College.

#### PRATIBIMB

#### KAVI GOSHTHI ON THE EVE OF HINDI DIVAS' HELD

Hiranagar, Sep 19, 2022: Kavi Goshthi was organized by the Department of Hindi, GLDM Degree College, Hiranagar to celebrate 'Hindi Divas' which is observed on September 14 every year. The chief guest on the occasion was Dr. Ashok Kumar, Former Professor, Department of Hindi, University of Jammu. Poets from eclectic backgrounds participated in the Kavi Goshthi and mesmerized the audience with their beautiful and profound poetic creations. The poets who recited their poems included: Dr. Ashok Kumar; Dr. Rachna Raj, Associate Professor, GDC Kathua; Dr. Parshotam Kumar, Assistant Professor University of Jammu; Prof Parveen Pathak, Assistant Professor, GLDM Degree College Hiranagar; Sheikh Muhammad Kalyan, Secretatry, Yuva Hindi Lekhak Sangh; Dr. Mukesh Kumar, Assistant Professor, GLDM Degree College Hiranagar; Naresh Kumar Khajuria, Lecturer, GDC Billawar, and three students of the college named Pooja Sharma, Vivek Sharma and Mansi Sharma. Dr. Jyoti Rani, Assistant Professor, GLDM Degree College Hiranagar conducted all the proceedings of the event with great enthusiasm. Prof Rakesh Sharma, HOD Hindi introduced the poets, welcomed them and shared his views on the journey of Hindi as national language which was followed by lighting of the traditional lamp and Saraswati Vandana.

• STATE THESE NEWS INTERNATIONAL Rest (stability was expanded the limit, (dLDM) Degrees (ddrg, Hamagar to obtane) Hindi (dLDM) Degree (ddrg, Hamagar to obtane) in the limit (ddrg) obtane) and the limit (ddrg) obtane). The drift (ddrg) ddrg of Principal, Dr. Pragen Nama. The drift (parts of the limit, Nama. The drift (parts of the limit Nama. The drift (ddrg) and the limit Nama. The drift (ddrg) and the limit of 11 min. University of anisms (ddr Nethol Nama, Pedd Hamagar (ddr) and the merical anisms in which had have the limit of	Городиции и предоктивного предоктивного Примоктивности предоктивности предоктивност Примоктивности предоктивности предокти	A dright of the second	views on the journe of Hinds as a matical magacy which was followed by ighting effect that the property rectar- ficational has an and Sanzarati Vandam. Mer that, the peetry rectar- fic the solution of the endpoint of the endpoint Hinds and and aposttemet the hostistics of a singuage in their presess hand on the therms of a non-league risk- neous of the Deemis hand on the therms of a non-league- rizences of the Deemis hand on the therms of a non-league- rizence of the Deemis hand on the therms of a non-league- rizence of the Deemis hand on the therms of a non-league- rizence of the Deemis hand on the therms of a non-league- tizence of the Deemis hand on the therms of a non-league- tizence of the Deemis hand on the Deemis hand in the opera- tion of the Deemis hand on the Deemis hand or complexities of Immun attr. By Deebistam weided parts and his verses refered his covers the non-leaguest hand Kalvan in his porms shared	his thoughts on the property winns to detemporary winns to challenge the social based of the social states of the social his own compatibility and the social his winne. Next, Principal, Dr., Proges Khauma shared her winners of the gauge has pletty to offer in the field or exciting. Mere again has been been been been been dependent of the statest par- formation of the statest par- ticipants of the statest par- set based on the statest par- set parset parameters of the statest parset based on the parameters of the parameters of the based on the parameters of the based on the parameters of the parameters of the based on the parameters of the parameters of the based of the parameters of the based of the parameters of the based of the parameters of the based of the parameters of the based of the based of the parameters of the parameters of the based of the based of the parameters of the parameters of the based of the based of the based of the parameters of the based of the based of the based of the parameters of the based of the based of the based of the parameters of the based of the based of the based of the based of the parameters of the based of the ba	Kian, Prof Umpi) annels the end of the oversion. The Programme was attended by the end of the oversion. The Programme was distant of the endings, the share of the endings of the order of the order of the Stablace Singh, Prof Marika Singel, Prof Marika Singel, Prof Kathao, Praid Singel, Prof Kathao, Praid Kamar, Davand, Bei Kahao, Prof Chiki Sanger, Hory Kathao, Praid Kamar, Den Xerna Manar, Bei Kahao, Prof Chiki Sanger, Hory Kathao, Praid Kamar, Den Xerna Manar, Bei Kahao, Prof Chiki Sanger, Hory Kathao, Kanan, De Kubao, Marani, Dar Neuto, Hori Kamar, De Xerna Manar, De Kahao, Marana, De Kahao, Barara Bhorsan, De Markao, Barrana, Dre Sandar, Sharrana, Dre Sandar, Dr. Addi Samara, Dre Barara Bhorsan, De Markao, Barrana, Dre Sandar, De Xamara, Barrana, Dre Sandar, De Kahao, Samara, De Kahao, Samara, De Kaha

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#### **15<sup>TH</sup> ONLINE LECTURE OF MANTHAN**

Department of Music in collaboration with Department of Sociology and Department of Physical Education and Sports organized 15<sup>th</sup> online lecture of Manthan on the Folk-Music of Rajasthan. The lecture was attended by the students teachers and music lovers.



MS. RAWANI JASROTIA BAGGED FIRST PRIZE IN THE DIVISIONAL LEVEL PAINTING COMPETITION

Ms. Rawani Jasrotia, Student of BA Sem 2, GLDM GDC Hiranagar bagged First prize in the Divisional level Painting/ Art/ Sketching competition held on 28.09.2022 at PSPS, GCW Gandhi Nagar, Jammu.She will further be participating in the State/ UT level competition/ Award ceremony which is to be held in Srinagar.



#### MR. DIJVIJAY SINGH SAINI, WON SILVER MEDAL IN SHOOTING CHAMPIONSHIP

Mr. Dijvijay Singh Saini, student of sem I won silver medal in 11th Jammu Kashmir UT level Shooting Championship under 10mtr Pistol (NR) event in youth category held at J&K police GO' Mess Gulshan Ground on 27th September 2022. Mr. Dilbag Singh, DGP J&K police was the Chief Guest on the occasion who distributed the certificates and medals to the winners in presence of Mr. Mukesh Singh, ADGP Jammu.

Dr. Pragya Khanna, Principal of the College congratulated Dijvijay for his achievement at the UT level and wish him good luck for the upcoming National and UT level championships.



#### A VIRTUAL SESSION ON MENSTRUAL HEALTH AND HYGIENE

Vidya R Research Associate at Global Hunt Foundation featured in the virtual session on Menstrual Health and Hygiene organized by the college in Collaboration with Unicharm India. The lecture focused on the knowledge dissemination on the important biological aspect of women. Audience of the seminar especially girl students were made aware towards the hygiene related with the process of menstruation. The session was attended by students and staff members of the college.

#### **GLDM Degree College Hiranagar** organises virtual session on "Menstrual Health and Hygiene"

Top News Report

HIRANAGAR, Sep 21: GLDM Degree college, Hiranagar organised a special irtual session on "Menstrual Health Associate, Vidya R of dia has conducted m n Thapa (Asstt.Prof.) weld tembers of Global Hunt Fo speaker Nitya ive Unicharm I on 'Menstrual s very inform-ve the-

students were sati dhary. Vote of Thai Aniu Rani

Uriteria of Self Study Classroom of the College



Prof. Neha, Prof. Ri etu (Librarian), o

rian), other is of GLDM

#### THE NSS UNIT OF THE COLLEGE VISITED ADOPTED SCHOOL PATHWAL

The NSS unit of the College under the supervision of Prof. Rakesh Sharma, Programme Officer National Service Scheme (NSS) visited the adopted village; Pathwal to commemorate Nasha Mukt Bharat Abhiyan and Posh Mah. Students of the college participated in the event and highlighted the importance of healthy diet and ill effects of drugs upon the society.

#### **GLDM Degree College Hiranagar visits** adopted Middle School Pathwal

= STATE TIMES NEWS HIRANAGAR: The NSS "Poshan Mah". On this occa-# STATE TIMES HIRANAGAR: The NSS Unit of Govt. GLDM Degree Hisanagar visited sion an awareness program aon an awareness program was organized in the adopted school in which four NSS Volunteers namely - Reema Sharma, Komal Sharma, Manui Sharma and Bhag Hunayi emeneted their College, Hiranagar visited adopted middle school, village Pathwal under the patronage of worthy Principal Dr. Pragya Khanna. Before leav-Husain presented their views on the theme "ILL effects of drugs". The volum-teers also highlighted the importance of healthy diet and lifestyle. In addition to this NSS volunteers also for the adopted village ool a NSS Pledge taken eremony was held in the colceremony was need in the col-lege premises and then the visit was flagged off by the worthy principal and senior faculty Prof. Gurdyal along with NSS Program officer, Prof. Rakesh Sharma. The interacted with the students of the adopted school and exchanged their views on varmain aim of the visit was to commemorate "Nasha Mukt Bharat Abhiyan" and ious current issues related to the theme. The Head master of the school Sat Paul Gupta

welcomed the NSS Unit of the college for visiting the school and organizing such kind of awareness programs appreciated the principal of the college for making liaison with the school through NSS Unit. The proceeding of the program was conducted by Prof Ralesh Sharma NSS Program officer. Other NSS Team members who accom-panied the NSS volunteers were Prof. Manjot Singh, Dr. Chinky Sangral, Dr. Usha Rani and Dr. Preeti Verma. The formal vote of thanks was presented by Dr. Chinky Sangral

#### PRATIBIMB

# **16<sup>TH</sup> ONLINE LECTURE OF MANTHAN**

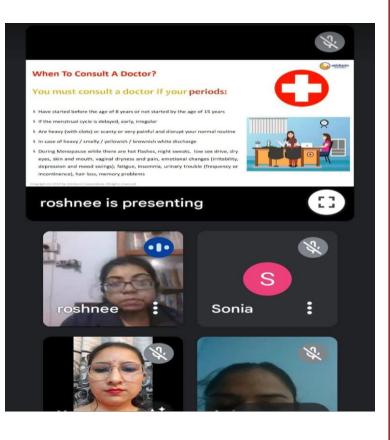
Evolution of Natya Sangeet as an application of Hindustani Classical Music held in the 16<sup>th</sup> lecture of the online series of Manthan. Prof. Aditya Mohan Khandawe who is a national awardee of Sangeet Natak Academy and who hails from Maharashtra was the resource person for the lecture. The lecture was attended by the staff members and students of the college as well as the music lovers from different parts of the nation. 16th online lecture under the series "Manthan" Prof. Aditya Mohan Khandwe from Maharashtra featured in Manthan organised by Department of Music Govt, GLDM Degree College Hiranagar



#### G.L.D.M. DEGREE COLLEGE, HIRANAGAR ORGANISED 2ND ROUND OF VIRTUAL SESSION ON MENSTRUAL HEALTH AND HYGIENE

Research Associate, Vidya R of Global Hunt Foundation, Bangalore in collaboration with their client Unicharm India conducted a virtual session for girl students. Unicharm India has conducted menstrual hygiene training for girls in various schools/colleges across India, under the CSR initiatives of the company.

Ms. Kiran Thapa (Asstt.Prof.) welcomed the members of Global Hunt Foundation and the speaker Ms. Roshnee Bhowmick, CSR Executive Unicharm India. A session on 'Menstrual Health and Hygiene' was very informative for the girls which gave them a comprehensive understanding on the what, why and how of menstruation. It consisted of the meaning of menstruation, developing biological understanding, related social taboos and awareness regarding hygiene practices to be maintained during menstruation. At the end of the session all the queries of the students were satisfied by Ms. Bhowmick. And Vote of Thanks was given by Dr. Anju Rani.



#### 17<sup>TH</sup> ONLINE LECTURE OF MANTHAN

#### 17th online lecture under the series "Manthan"



#### **Top News Report**

HIRANAGAR, Oct 2: Department of Music, Girdhari Lal Dogra MemorialGovt. Degree College Hiranagar organised 17th online lecture under the series named "Manthan". Manthan is an online

Manthan is an online lecture series from Jammu and Kashmir to Kanyakumari organised under the aegis of Ek Bharat Shreshta Bharat and AzadiKaAmritMahotsav @75. The lecture was on the

The lecture was on the topic Riyaz, Taleem and opportunities in Hindustani Music. The Chief Guest of the programme was Dr.Pragya Khanna Principal of the College. She highly appreciated the idea of the series of lectures on the subject of music every week.

the idea of the series of lectures on the subject of music every week. The resource person for the lecture was Dr.Viraj Amar from Gujarat University. She is the Director and Chief Coordinator of Upasana School of Performing Arts, Gujarat University. She is also a very renowned Hindustani vocalist. She was also a member of the General Council and Executive Board Member of Sangeet Natak Akademi, National Academy of Music, Dance and

of Music, Dance and Drama New Delhi. She in her lecture described in detail the techniques of Riyaz, Taleem and opportunities in Hindustani Classical Music. She elaborated the taleem in Guru Shishya Parampara and also said that the guru shishya parampara system of taleem is an important for institution for learning and practicing music as learning .Music is a rigorous exercise which could be learnt only in the company of an enlightened master, she added.

She also described the area and opportunities in Hindustani Classical Music at the end of her lecture.

The welcome address was presented by Dr. Bharat Bhushan Head, Department of Music He also informed that a book will be released after the compilation of all the proceedings and articles from all the lectures. The work and initiative would be a contribution to the knowledge and literature in the field of music which would further strengthen the institution at large.

and literature in the field of music which would further strengthen the institution at large. The webinar was attended by the students, teachers and music lovers from across the nation. Many participants discussed and shared their views about the series. Those who attended the lecture were Prof. Renu Sehgal from GCW Gandhi Nagar College, Prof. SwarVandana Sharma from Varanasi, Dr. Surendra Kumar Sikkim University, Dr. Sanjay Kalotra and Prof. Yash Kumar from GCW Udhampur College, Dr.Nishtha Sharma from Govt. MAM College, Jammu, Prof. Sujat Khan, Dr. Rajesh Sharma, Dr. Davinder Kour, Prof. Manjot Singh, Prof. Kiran Thapa, DrUsha Rani, Dr. Ayoti Rani, Dr.Arun Kumar, Mr. VikramJamwal and Dr.Mukesh Kumar from Govt. GLDM Degree College, Hiranagar.

Govt. GLDM Degree College, Hiranagar. At the end of the lecture Prof. Rakesh Sharma, Head, Department of Hindi and Senior Professor of the college also shared his ideas and said that the series of Manthan has modified his notions on music. He congratulated Dr. Bharat Bhushan and the organising team of Manthan for the wonderful online lecture series. Prof. Rakesh also presented the formal vote of thanks to the guest, audience and the organising team.

The programme was organised together with the Department of Sociology and the Department of Physical Education and Sports in consultation and support of Dr.Pragya Khanna, Principal of the college.

NSS UNIT "CHESHTA" OF GOVT. GLDM DEGREE COLLEGE, HIRANAGAR ORGAINSED SEMINAR ON THE TEACHINGS OF MK GANDHI UNDER CLEAN INDIA 2.0 CAMPAIGN

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Govt. GLDM Degree College Hiranagar organises Seminar on Clean India 2.0 Campaign

#### **STATE TIMES NEWS**

HIRANAGAR: To commen rate the Gandhi Jayanti, NSS Unit of Govt. GLDM Degree College, Hiranagar organised a seminar on the day two under Clean India 2.0 campaign under the patronage of Principal Dr. Pragya Khanna. Today NSS Unit organized a minar on the theme ' Three Wise Monkeys'. embodying the proverbial principle "see no evil, hear no evil, speak no evil" . The program was started with the welcome address by Prof. Rakesh Sharma, NSS Sharma, Rakesh Program Officer where he highlighted the teaching of Mahatma Gandhi in detail. NSS volunteers who presented their views on the theme were

Riya Sharma, Vivek Sharma,



Simran and Monika. Prof Sujat Khan , IQAC Coordinator in his presenditial address appealed the volumteers to follow the Gandhian thoughts in their day to day life. In addition to this, NSS volunteers showcased their art skills by displaying the things related to Gandhi ji's life like Charkha, eye glasses, sandals, sacred thwead Janeu, lathi etc. The proceedings of the event were carried out by senior NSS volunteer, Komal Sharma. The formal vote of thanks was presented by Dr.Anju Rani. Other NSS Committee members who witnessed the event were Prof. Kiran Thapa, Prof. Manjot Singh, Dr. Arun Kumar, Prof. Reetika and Mrs. Reetu Bhushan, Chief Librarian. The whole program was conducted under the supervision of NSS Program Officer, Prof. Rakesh Sharma.

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**PRATIBIMB** 

NSS UNIT "CHESHTA" OF GOVT. GLDM DEGREE COLLEGE, HIRANAGAR VISITED THE HISTORICAL FORT, JASMERGARH, HIRANAGAR UNDER THE CLEAN INDIA 2.0 CAMPAIGN



#### **18<sup>TH</sup> ONLINE LECTIURE OF MANTHAN**

A distinguished scholar from Assam in Northeast India, Prof. Pradip Jyoti Mahanta is widely known for his extensive range of academic interests - Cultural History of Assam and its neighbouring areas, Ancient Assamese literature, the epic and Bhakti traditions, in particular, Sankaradeva Studies with special reference to the artistic expressions born of this epoch-making Bhakti Movement in Assam. Beginning his professional career in All India Radio as a senior executive, he shifted to teaching and research. He taught English and Assamese literature at DK College, Mirza and Gauhati University, and Cultural Studies at Tezpur University. Currently, he is associated with Royal Global university Guwahati as a Professor at, Royal School of Languages. An acclaimed cultural activist, Dr Mahanta is also associated with a number of institutions of the state and the country. He was an earlier General Council member of national bodies like EZCC, NEZCC, Sahitya Akademi and at present holds membership of General Council Sangeet Natak Akademi, the national academy of performing arts in India. An author and editor in English and Assamese, he has a good volume of research publications in various journals and anthologies. Some of his authored publications include - the Sankaradeva Movement: Its Cultural Horizons (2007), Sankardevar Shilpalok (2007), Vaishnavite Music of Assam: Its Institutionalization and Performative Context (Ed, 2016), Cultural Studies: Perspectives from North East India (Ed with Debarshi Prasad Nath, 2016, Asamar Bhakti Sangeet: Parampara aru Parivarshan (Ed. Assamese, 2018), Sankardevar



#### 18th online lecture under "Manthan" held at GLDM Degree College Hiranagar

GJ REPORT HIRANAGAR, Oct 9: Department of Music Govt, GLDM Degree College Hiranagar organised 18th online lecture under the series named "Mamham". Manthan is an online lecture series from Jamnu and Kashmir to Kanyakumari organised under the aegis of ER Bharat Shreatha Bharat and Azadi Ka Annit Mahotsaw @7.5. The lecture was on the topic of Art and Ruinality. The Chief Guest of the programme was Prof. (Dr.) Pragya Khaman Principal of the College. She highly appreciated the idea of the series of lectures pertaining to music every week.

The welcome address was presented by r. Bharat Bhushan Head, Department of fusic. He also said that after the compilation of the project all the proceedings and articles by the second second second second second second contribution to the knowledge and literature 1 the field of music which would further rengthen the institution at large. The project e encouraged and inspired by the worthy human.

The webinar was attended by the students, eachers and music lovers from across the lation. Many participants discussed and

shared liteir views about the series. Those who attended the lecture we not the series attended the lecture we be a series of vandana Sharama & Prof. Krishan Kath Sarma from Varanasi, Raju Das (Deputy Secretary- Sangeet Natak Akademi, New Delhi, Prof. Lawarora Kirit from Bilar, Dr. Sanger, Sangeet Natak Akademi, New Kalotra and Prof. Yash Kumar from GCW Udhampur College, Dr. Nishtha Sharma from Govt MAd. College, Jaman, Prof. Davinder Kour, Prof. Manjot Singh, Prof. Pash Bilagat, Dr. Ushran, Dr. Yoti Rani, Dr. Arum Kumar forn Govt. GLDM Degree Mukesh Kumar forn Govt. GLDM Degree Silpalok: Nandanikata and Samai Darshita (2020)

GLDM DEGREE COLLEGE ORAGNISES OPEN CAMPUS PLACEMENT DRIVE IN COLLABORATION WITH NIIT-IFBI FOR THE RELATIONSHIP MANAGER IN ICICI BANK

#### JAMMU/SPORTS | earlyTIMES Girdari Lal Dogra Memorial Degree College, Hiranagar EN CAMPUS DRIVE For ifbi NIIT *flicici* Bank Govt GLDM College holds placement drive For Graduation Completed and **Final Year Students** Drive in the College to pro-**EARLY TIMES REPORT** vide students with the re-On Saturday, 15th October, 2022 at 11:00 AM Hiranagar, Oct 15: Career cruitment opportunities. Approximately 32 pass out counselling cell and Place-ment cell of Govt. GLDM **Eligibility Criteria** Selection Process and final year students of the college participated in Degree Degree College Hiranagar in collaboration Applicants will have to clear the following process. # Graduate in any Discipline the drive, where in as many MBA not eligible / No Correspondence/Distance Education with NIIT-IFBI conducted 16 students were short-A. English Test listed for the preliminary round. The shortlisted stuplacement / selection drive B. ICICI Bank Profiler Test for the relationship manag-er in ICICI bank with the B. ICICI Bank Profiler Test C. On clearing the above Test, applicants will be eligible to undergo the interview process D. Aptitude Test Verbal comprehension Numerical comprehension & ability # DOB - Born on/after 1/4/1997 dents will be tested at different levels before being absorbed as Relationship # Age limit: Below 26 years at Salary of 2.45 to 3.1 Lac per the time of joining Program annum, here today in the iy of college Campus. In the be-ginning of the drive, Dr managers by ICICI Bank. # Min. 50% in X, XII and Prof. Ritika member of the av Graduation Students, staff pose for group photograph. Davinder kour Convenor of Career Counselling cell committee, Rahul Sharma, Head NIIT, Shakun Sharma # Work Experience - 0 to 2 years ed welcomed the gathering and gave a short brief about training to join a bank and Principal of the college Manager, NIIT and Diksha Thakur, Coordinator were FOR SCREENING INTERVIEW on 15th October interacted with the students lauded the efforts of the PLS BRING YOUR RESUME & ALL ACADEMIC DOCUMENTS committee and thanked the team from NIIT-IFBI for the programme. Then and spoke about the changalso present. Vote of thanks (10<sup>th</sup>, 12<sup>th</sup> & ALL COLLEGE MARKSHEETS Rahul Sharma, Head NIIT ing skillets of bank emwas proposed by Prof. Ki-For Further Details about Placement Driv ran Thapa. spoke about the need for ployee. Dr Pragya Khanna conducting this Placement NIIT IFBI 9419184006 / 9906012344

# NSS UNIT 'CHESHTA' OF GLDM GDC HIRANAGAR VISITED THE HISTORICAL PLACE- DEV STHAAN JANDI ,HIRANAGAR UNDER CLEAN INDIA 2.0 CAMPAIGN

A Total number of 43 NSS Volunteers visited the place and carried out a cleanliness drive with great zeal and enthusiasm. During this visit the volunteers cleaned the bowalies and surroundings of all the temples. After the cleanliness the collected garbage was disposed off in a small compost pit. In addition to this, the volunteers also expressed their views on Clean India Campaign and a small cultural program was also presented there.

Dr. Jyoti Rani, and Prof. Kiran Thapa who accompanied the volunteers, motivated them to make cleanliness a part of their life as emphasized by, the father of the nation, Mahatma Gandhi . The whole event was organized and conducted under the supervision of Prof. Rakesh Sharma, NSS Program Officer



# NSS UNIT 'CHESHTA' GOVT. GLDM DEGREE COLLEGE, HIRANAGAR IN COLLABORATION WITH REGIONAL TRANSPORT OFFICE, KATHUA ORGANIZED AN AWARENESS PROGRAM ON ROAD SAFETY.

Today an awareness programme on road safety norms was conducted by Regional Transport Office, Kathua in collaboration with NSS unit at Govt. GLDM Degree College, Hiranagar. The event was organized under the patronage of worthy principal, Dr. Pragya Khanna. The program started with the welcome address by Prof. Rakesh Sharma, NSS, Program Officer. MVD Inspector Surinder Kumar was the resource person of the occasion. Speaking on the occasion, the resource person briefed the students about the traffic rules one needs to follow while driving. He informed the audience about the standard operating procedures that require to be followed while driving or moving on the roads. He stressed upon the norms people need to follow while driving.



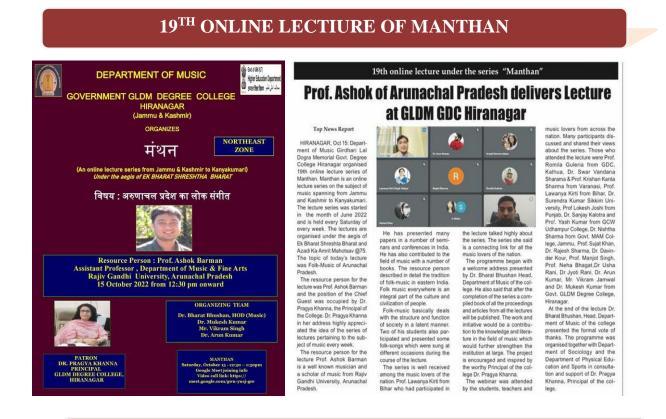
#### MEHANDI COMPETITION ORGANISED AT GOVT. G.L.D.M DEGREE COLLEGE, HIRANAGAR

The Cultural Committee of Govt. G.L.D.M Degree College, Hiranagar organised Mehandi competition on the eve of Karwa Chauth in collaboration with IOAC. The programme was conducted under the patronship of Dr. Pragya Khanna, Principal of the college. Students of the various semesters of the college participated in the competition and created beautiful mehandi designs on various themes. Jury members were Prof.



Rakesh Sharma, Dr. Manjot Singh and Dr. Arun Kumar. First prize was shared by Anamika of Ist Sem and Rawani of IInd sem. Second prize was shared by Pajal of Ist Sem and Simran of IVth Sem. Sanjana of IVth Sem and Mansi of Ist Sem shared the third prize. Consolation prizes were given to Kajal Devi of 2nd Sem and Arti Devi of Ist sem. Certificates of participation were given to all the participants. The whole programme was coordinated by Dr. Davinder Kour, Convenor Cultural Committee.

#### **PRATIBIMB**



#### 20<sup>TH</sup> ONLINE LECTIURE OF MANTHAN



#### GLDM GDC HIRANAGAR- A GALA FAREWELL PARTY ORGANISED FOR THE OUTGOING STUDENTS!!

#### **SPORTS** earlyTIMES

#### Juniors bid farewell to seniors at GLDM Degree College Hiranagar

HIRANAGAR, Oct 20: Students of 4th Semester bid farewell to 6th Semester students at Govt GLDM Degree College Hiranagar on Saturday. Ritika Trehan, Owner Looks Saloon, Ritz Manor Hotel Channi and BJP Mahila Morcha J&K Spokesperson Ritika Trehan graced the occasion as the Chief

Guest. The farewell program was or ganised under the patronage of Dr Prayay Khanua, Principal of the College. Dr. Davinder Kour , Dean Students Welfare and the Member Secretary of IQAC, presented the formal welcome address and coordinated the program. Jury members Dr Davinder Kour, Prof Arun Kumar, Dr

Jyoti Rani, Dr Sukhdeep Singh Dr Chinky Sangral and Prof Ritika adjudged the perfigure set of the set of the set of the ing the event. Statistical during manual set of the set of the set of the Prominent among the boys and Priya as Miss Farewell among the girls. Prominent among those who were part of the event included welfareelipartyatikangar members. some seniotis toris anderts presented varispace and the presented varispace and the presented varispace and the presented varispace and the presented variprinters evented and and the fact there, the event was made agood state the fashback. T is the te

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#### **21<sup>TH</sup> ONLINE LECTIURE OF MANTHAN**

# Manoj Rai of Sikkim featured in 21st online lecture of Manthan organised by GLDM GDC Hiranagar

21st online lecture under the series "Manthan"

NEWSPOINT BURGAU Jammu Tavi, October 29 Degattment of Music Govt. GLDM Degree organised 21stonline lec-ture under the series named Manthan". Manthan is an online lecture series from Jammu and Kashmir to Kanyakumari organised under the aegis of Ek Bharat Shreshtha Bharat and Azadi Ka AmritMahotsav @75. The lecture was on the topic Folk Music of Sikkim. The Chief Guest of the pro-gramme was Prof. NEWSPOINT BUREAU Khanna

She lightly appreciated the lead. Department of Music He also said that free resource person for the lecture Shri Manoi Martine Kour, Stangetalaya. He has baned from Sitkim is an artist and founder of mostic everty index of Nepali and westers cuit ure on Sikkim. The webi are the field of the different communication and culture. He also accurated and inspired by the students, ture on Sikkim. The webi are weighted on the influence of Nepali and westers cuit.

# TRAINING OUTREACH PROGRAMME ORGANISED BY DEPARTMENT OF STUDENT WELFARE, JU HELD AT GLDM **GDC HIRANAGAR**



GDC Hiranagar students who participated in training reach programme by JU.

# JU imparts theatre & dance training to GDC Hiranagar students

#### **Excelsior** Correspondent

JAMMU, Oct 23: After GCW Udhampur, Department of Students Welfare in of Students Welfare in University of Jammu conduct-ed another training programme at GLDM, GDC Hiranagar wherein around 65 students from five colleges were imparted training in Theatre and Dance for four days.

'Training Programme', Outreach Programme', is a new initiative by the JU Department of Students Welfare with the aim Department of provide unprecedented to training opportunities in performing arts and fine arts to the students of colleges located outside Jammu.

Prakash Prof Antahal (Dean Students Welfare) said that this new initiative would extend the benefit of professional training/orientation to maximum students.

Dr Garima Gupta, Assistant Dean Students Welfare and Dr Pragya Khanna, Principal of GDC Hiranagar also spoke in the

valedictory function, which was attended by Dr Bharat was attended by Dr Bharat Bhushan, HoD Music; Dr Mukesh Kumar, Vikram Singh, Dr Arun Kumar, Prof Rakesh Sharma and others.

The JU outreach pro-gramme is being coordinated by Sumeet Sharma (Drama Instructor, SW) who was also the resource person for the Sunny theatre workshop. Mujju, an expert dancer/choreographer, looked after the dance classes.

The events of DSW are conceived, planned and organised by the team consisting of Prof Prakash Antahal, Prof Vishav Raksha (Chairperson, Campus Cultural Committee), Prof Sanjana Kaul (Co-Chairperson, Campus Cultural Committee), Dr Anil Gupta (Associate Dean SW), Dr Garima Gupta and Dr Pritam Singh (Assistant Deans, SW), Dr A R Manhas & Dr Shallu Sharma (Deputy Proctors), members of Campus Cultural Committee, Mansi Mantoo and Sumeet Sharma.

#### GOVT. GLDM DEGREE COLLEGE, HIRANAGAR INITIATED A START-UP VENTURE OF LEAF COMPOST

Govt. GLDM Degree College, Hiranagar initiated a Start-up venture of leaf Compost in the College Premises. The whole process of leaf compost was completed in six months under the supervision of Ms. Neha Bhagat (Head, Dept. of EVS & Convener Eco-Club) and other members of the eco-club.

The packets of prepared leaf compost were readily taken up by staff and students of the College. Principal of the College, Dr. Pragya Khanna congratulated the students and staff for their efforts and also motivated the students to work for the betterment of the environment in future also.





#### **RELEASED "QUALITY REPORTER"**

Girdhari Lal Dogra Memorial Govt. Degree College Hiranagar released "Quality Reporter" newsletter for the month of September and October 2022 to showcase the different initiatives and undertakings of the college.



#### PRATIBIMB

## 22<sup>ND</sup> ONLINE LECTIURE OF MANTHAN



#### **Rich Cultural Heritage of Tripura features** in Mathan of GLDM GDC Hiranagar

JL NEWS SERVICE HIRANAGAR, Nov 6: Department of Music Gird-hari Lal Dogra Memorial Got, Degree College Hira-nagar organised 22nd onli-ne lecture of the Manthan series which had com-menced from June 2022 onwards. The loading series of Manthan features online lectures on the subject of music every Saturday. The series has been set to cover the entire India from Jammu and Kashmir to Kanyakumari. The lectures are organised unsite that and the subject of Manthan features of the sub-get of the subject of Kanyakumari. The lectures are organised unsite that Bharta and Azadi Ka Amrit Mahotsaw @y5, The lecture of this week featured Dr. Rabindra Bhartalai from Tripura who spoke on the topic The Rich Cultural Heritage of Tripura in the context of music. The Chief Guest on the occasion was by Dr. Pragya Khanna, the Principal of the College. Dr. Pragya Khanna in heer address highly appreciated the idea of the series of lec-tures pertaining to the sub-ject of music every week. The resource person for the lecture Dr. Rabindra Bhartali is former Head Department of Music, Tripura University. He is a well known musician and a scholar of music from



Rajiv Gandhi youth awardae by the President of Daria Little Dr. Shankar Doyal Strama in 1906. He has also contributed the field of music with a num-ber of books and has pre-sented a number of papers in seminars and confer-ences. The resource person on his address described in detail the rich eultural her-itage of Tripura in the con-text of Music. Folk-music and the importance of dif-ferent instruments were also highlighted by the speaker. The development of Music in the region was also encouraged by the Royal families of the region. The series is well recei-wed among the music lovers of the nation. Prof. Dr. Sumeera Kalsival, former Dean and Head faculty of Music & Fine Arts University of Debhi also shared her views and suggested differ-ent measure to protect and preserve folk-music, art and culture. Prof. Dr. Rajesh Sharma Head Department of Mathematics of the College also appreciated the efforts of the Department of Music in organising such lectures. Prof. Lawanya Kirti from Bink ar who had participated in the lecture alked highly about the series. The series she said is a connacting link for all the series. The series she said is a connacting link for all the series of the nation. The programme begun by welcome address pre-sented hy Dr. Bharat Bhu-shan Head, Department of Music of the college. He also said that after the com-pletion of the series a com-presentings and articles from all the lectures will be pub-lished. The work and initia-tive would be a contribution to the knowledge and litera-ture in the field of music which would further strengthen the institution at large. The project is encouraged and inspired by

the worthy Principal of the college Dr. Pragva Khanna. The webmar was attern tend by use touch a second second tend by use touch the second tend by use touch the second the nation. Many partici-pants discussed and shared their views about the series. Those who attended the lec-ture were Prof. Romila Guleria from GDC, Kathua, Dr. Svar Vandana Sharama & Prof. Krishan Kanta Sharma from Varanasi, Prof. Lawanya Kirti from Bihar, Dr. Surerdora Kumar Sikkim University, Prof Lokesh Joshi from Punjab, Dr. Sanjay Kalotra & Prof. Yash Kumar Glone, Cr. Visihita Sharma from Gott, MAM College, Jam-nue, Prof. Sujai Khan, Dr. Rajesh Sharma, Dr. Davin-der Kour, Prof. Manjo Singh, Prof. Neha Bhagat, Dr. Usha Rani, Dr. Jyoti Rani, Dr. Arun Kumar, Mr. Viskran Jamwal and Dr. Jyoti Rani, Dr. Arun Kumar, Mr. Viskran Jamwal and Dr. Jyoti Rani, Dr. Arun Kumar, Mr. Viskran Jamwal and Dr. Jyoti Rani, Dr. Arun Kumar, Mr. Viskran Jamwal and Dr. Bagat, Dr. Usha Rani, Dr. Portara Bhasan, Head, Department of Nusic of the college presented the former programs was organised together with Pepartment of Sociology & the Department of Sociology & the Department of Swaports in consultation & support of Dr. Pragya Khanna, Prin-cipal of the college.

## **ORGANISED PAPER READING AND POSTER- MAKING** COMPETITION

Girdhari Lal Dogra Memorial Degree College, HIRANAGAR organises a program sponsored by The National Academy of Sciences, India (Professional Body of the DST and SIRO of the DSIR, Ministry of Science & Technology, Govt. of India)! CHIEF GUEST, Prof. R. N Gohil, Secretary, NASI, Jammu Chapter GUEST OF HONOUR, Prof. Manoj K. Dhar, Former Vice Chancellor, University of Jammu SPECIAL INVITEE, Prof. Sushil Verma, Dept. of Botany, University of Jammu



#### **PRATIBIMB**





## GLDM GDC Hiranagar organizes poster making & paper reading competition

Head

JAMMU BULLETIN NEWS HIRANAGAR, NOV 7:

Girdhari Lal Dogra Govt. Degree Memorial College Hiranagar organized a poster making and Paper Reading Competition on Scientific Interventions & Food Security in the Hinterlands. The programme was sponsored by the the National Academy of Sciences, India Chapter Jammu. The Chief Guest of the Occasion was Prof. R.N. National Acceptory, The Academy of India, Jammu Sciences Chapter. Prof Manoj K Dhar Vice Chancellor, former University of Jammu was the Guest of Honor and Special Guest on the occasion was Dr. Susheel Verma, Prof. Botany, Department of University of Jammu.

The welcome address on the occasion was presented by Dr. Pragya Khanna, Principal of the College. She highlighted the need to have scientific interventions to address the growing needs of food and how the institutions like NSAI are collaborating with different institutions to meet the challenge. She also underlined the different initiatives and ventures of the college in the direction. Prof. Neha Bhagat organizing Secretary and

Department of Environmental Sciences in her address enlightened the audience on the need to organize such a program. She said that meeting the security of a balanced food could by and large be met by hinterlands only and the dissemination of different ideas and experiments through such programmes is the need of the day.

the day. Prof. Manoj K Dhar in his address said that scientific knowledge and interventions is the key to meeting the issue of food scarcity. He advocated that biotechnology and genetic engineering at different levels could be and genetic engineering at different levels could be employed to enhance food productivity. He also called upon students to develop a passion for science by specifying examples from his personal experiences. Prof. Susheel Sharma said that India's position in the Global hunger Index is a worrisome state. In spite of a number of initiatives by the Govt. of India the position of the country has been improved in the global hunger index. Therefore the need of the time is to widen the enthusiasm for scientific intrusion in hinterlands. Prof. R.N. Gohil in his presidential address praised the Principal and the College in organizing and providing a platform to different institutions to discuss and ponder on issues of such relevance. He also appreciated the efforts of the participants who participated in the poster making and paper reading competition. Prof. Gohil enlightened the gathering about the works and pro-grammes of the National Academy of Sciences India which is an oldest society of the country which was established 92 years ago. The soci-ety now has 21 Chapters spanning across the nation. The society is constituted of Fellows, advisors and members. Dr. Pragya Khanna, Principal of the college is also one of the advisors of the society for its Jammu chapter. He further said the availability of food is not sufficient but substituted it with the availability of balanced nutrition. He supplemented the idea of a balanced diet with the example of buckwheat which is only an occasional food but many coun-tries have made it a staple diet owing to the nutritional value it has. On the similar food with pattern similar nutritional value needs to be marketed and made a regular part of the diet.

#### NATIONAL WORKSHOPS ON BHARATANATYAM

National Workshops on Bharatanatyam Organised by Department of Music GLDM Govt. Degree College, Hiranagar From 9 to 10 November 2022



## Workshop on Bharatanatyam concludes at GLDM GDC Hiranagar

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expressed under the overall support ert trainand guidance of Dr. Pragya e for the Khanna, Principal of the Colun to home lege.

#### 23<sup>RD</sup> ONLINE LECTIURE OF MANTHAN



# PRATIBIMB

#### GLDM GDC HIRANAGAR CELEBRATED THE WORLD AIDS DAY

GLDM Govt. Degree College, Hiranagar organises poster making competition, symposium and an awareness rally on the world aids day. This World AIDS Day, 1 December, UNAIDS is urging each of us to address the inequalities which are holding back progress in ending AIDS. The "Equalize" slogan is a call to action.



## GLDM, GDC, HIRANAGAR ESTABLISHES AN ACADEMIC ASSOCIATION WITH BABA FARID INSTITUTE OF TECHNOLOGY, DEHRADUN.

Baba Farid Institute of Technology, Dehradun offers courses in the field of Engineering, Medical, Management, Science, Arts, Mass communication & Information Technology. Dr. Rajesh Sharma, Head, Dept. of

Mathematics visited the Institute and interacted with the students and faculty regarding future pursuits in the greater interest of both the institutions with regards to academics, research & development and cultural exchange.



## GLDM GDC, HIRANAGAR COMMEMORATED THE 'WORLD COMPUTER LITERACY DAY'

During 'World Computer Literacy Day' GLDM GDC Hiranagar took out a rally to mark the week long events starting from today on the theme to address the digital divide that affects millions across the world and make computers more accessible to everyone "Greater knowledge about the use of these machines can empower people to make their lives easier".



#### 26<sup>TH</sup> ONLINE LECTURE OF MANTHAN

Department of Music Girdhari Lal Dogra Memorial Govt. Degree College Hiranagar organised 26th online lee ture series of Manthan. Manthan is an online lee ture series on the subject of wie spanning from Jammu and Kashmir to Kanyakumari The lecture series began from the month of June 2022 and is held every Saturday of every week. The lectures are organised under the aegis of Ek Bharat Shreshtha Bharat and Azadi Ka Amrit Mahotsav @75. The Topic of today's lecture was Introduction, Basic Practices and Techniques in Carnatie Music. The resource person for the lecture was Vihan Peravali Nanda Kumar from Andhra Pradesh and the position of the Chief Guest was occupied by Dr. Pragya Khanna, the Principal of the College. Dhe

PRATIBIMB

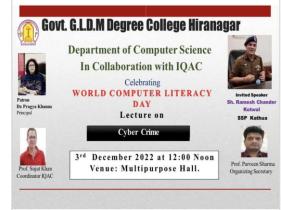
PragyaKhanna in her address highly appreciated the idea of the series of lee tures pertaining to the sub- jeet of music every week. The resource person for the lecture Peravali Nanda Kumar is an A grade artist of All India Radioand well known musician of South India. He has performed in many prestigious festivals in India and abroad, he has received many titles and awards. He has performed with many renowned Muscians of India. He in his lecture explained in detail about the basic techniques and practices in Carnatic Music He briefed in detail about the tala system of Carnatie wasie. He also explained many forms of Carnatic music. The programme began with a welcome address pre- sented by Dr. Bharat Bhushan Head, Department of Music of the college. On the occasion of



completion of the 26th lee- ture of Manthan, he thanked all the resource persons of the series who had already given the lee tures in the series. He also said that after the comple- tion of the series a compiled book of all the proceedings and articles from all the lectures will be published. The work and initiative would be a contribution to the knowledge and litera ture in the field of music which would further strengthen the institution at large. The project is encouraged and inspired by the worthy Principal of the college Dr. PragyaKhanna The webinar was attended by the students, teachers and music lovers from across the nation. Many participants discussed and shared their views about the series. Those who attended the lecture were Prof Lokesh Joshi from Punjab, Dr. Sanjay Kaletra and Prof. Yash Kumar from GCW Udhampur College, Dr. Nishtha Sharma from Govt. MAM College, Jammu, Prof. Sajat Khan, Dr. Rajesh Sharma, Davinder Kour De Prof Manjet Singh, Prof. Neha Bhagat, Dr. Anil Dogra, Prof Nidhi Dr.Sukhdeep Sasan, Dr Usha Rani, Jyoti Rani. Dr. Arun Kumar Prof. Vikram Jamwal, Dr. Mukesh Kumar and Dr. Ravinder Singh from Govt. GLDM Degree College, Hiranagar. At the end of the lecture Dr. Bharat Bhushan presented the formal vote of thanks. The programme was organised together with Department of Sociology and the Department of Physical Education and Sports in consultation and support of Dr. Pragya Khanna. Principal of the college.

#### GLDM DEGREE COLLEGE ORGANIZES LECTURE ON "CYBER CRIME"

A program under 'My College My Pride' was organized by Computer application Department and IQAC Cell of the College. The Chief Guest and Keynote speaker on the occasion was Sh. Ramesh Chander Kotwal, SSP Kathua who delivered a talk on "Cyber Crime". The program ended with a question answer round wherein the students of the College participated enthusiastically. The motive of the lecture was to make students aware about the increasing rate of cyber thefts and cyber attacks. The program was conducted by Prof. Kiran Thappa and was organized by Prof. Sujat Khan, HoD Computer Applications and IQAC Coordinator. Prof. Parveen Sharma presented the formal Vote of Thanks.



## **PRATIBIMB**



#### 27<sup>TH</sup> ONLINE LECTURE OF MANTHAN

Department of Music Girdhari La1 Dogra Memorial Govt. Degree College Hiranagar organised 27thonline lec- ture series of Manthan. Manthan is an online lec- ture series on the subject of music spanning from Jammu and Kashmir to Kanyakumari. The lecture series began from the month of June 2022 and is held every Saturday of every week. The lectures are organised under the aegis of Ek Bharat Shreshtha Bharat and Azadi Ka Amrit Mahotsav @75. The Topic of today's lecture was Varnams Journey from Abhyaasa gaanam to Sabha Gaanam. The resource person for the lecture



was Dr. NJ Nandini from Kerala and the posi- tion of the Chief Guest was occupied by Dr. PragyaKhanna, the Principal of the College. Dr. PragyaKhanna in her address highly appreciated the idea of the series of lec- tures pertaining to the sub- ject of music every week. The resource person for the lecture Dr NJ Nandini is an A grade artist of All India Radioand well known Camatic musician of South India. She has performed in many prestigious festivals in India and abroad.She has received many titles and awards. She in his lecture explained in detail about the impor- tance of Varnams in Carnatic music. She also explained the basic techniques of practice in Carnatic music. The programme began with a welcome address presented by Dr. Arun Kumar Head, Department of Sociology of the college. Dr. Bharat Bhushan,Head Department of Music on the occasion of completion of 27th lecture of Manthan, he thanked all the resource persons of the series a compiled book of all the proceedings and articles from all the lec- tures will be published. The work and initiative. would be a contribution to the knowledge and litera- ture in the field of music which would further strengthen the institution at large. The project is encouraged and inspired by the worthy Principal of the college Dr. PragyaKhanna. The webinar was attend- ed by the students, teachers and music lovers from across the nation.

#### **GLDM GDC HIRANAGAR-SPORTS ACHIEVEMENT**

GDC Hiranagar won the Prestigious Major Game 'Intercollegiate Hockey Men's Championship 2022' organised by the University of Jammu!

# PRATIBIMB



EARLY TIME REPORT

HIRANAGAR, Dec 11: GLDM Govt. Degree College Hiranagar claimed the University of Jammu Inter Collegiate Hockey Men's Trophy 2022 beating GDC Kunjwani 4-0 in the finals at University of Jammu. Earlier in the Semifinals GDC Hiranagar beat GCD Kathua by 5-2. The Championetin was

The Championship was organized by The Directorate of Sports and Physical Education at University of Jammu Hockey Field. Dr. Pragya Khanna

Dr. Pragya Khanna Principal GLDM Degree College Hiranagar, IQAC Convenor Prof.Shujat Khan, Mr.Vikram Jamwal Physical Director of the College along with other staff members welcomed the Winner Hockey Team at College Premises. The Worthy Principal honored the cap Premises. The Worthy Principal honored the cap tion of the team Mr. Prashant Vermaalong with the whole team at the medal ceremony. The Principal Of the college applauded the efforts of the whole hockey team and HOD Department of Physical education and



Winner hockey team of GLMD GDC celebrating inter Collegiate Trophy at Hiranagar.

Sports for such a big achievement and Win of the college at Jammu Division. She also congratulated the Physical Director Mr. Vikram Jamwal for the miraculous performance of the hockey team of the college and also ensured the best possible infrastructure and facilities to Physical education and sports department in the upcoming session. Senior faculty members Prof, Gurdyal, Prof. Rajesh

Sharma, Prof. Rakesh Sharma, Prof. Parveen Sharma, Prof. Manjot Singh, DrJyoti Rani, Prof. Neha Bhagat, Dr. Kiran Thappa, Mrs. Ritu Bhushan, Dr. Arun Kumar, Dr. Usha Rani, Dr. Bharat Bhushan, Dr. Arun Bose, Dr. Ravinder Singh also appreciated the excellent performance of the players and wishing them to achieve more in future.

#### GLDM GDC HIRANAGAR ORGANISES SEMINAR ON WORLD HUMAN RIGHTS DAY

A semi- nar on World Human Rights Day' held at GGLD-MDC Hiranagar, under the flagship Program- My College My Pride. The event was organ- ized under the guidance of Principal of college Dr. Pragya Khanna. The sem- inar started with welcome address by Prof. Rakesh Sharma, NSS Program Of ficer followed by lighten- ing of traditional lamp and Saraswati bandana. This year's Human Rights Day theme is "Dignity, Free- dom, and Justice for all" A large number of students participated in the semi- nar. NSS volunteers Varun



Kumar, Sahil Sharma, Ganakshi, Riya, Megha and Vivek gave speeches and said almost all the rights envisaged in the Universal Declaration of Human Rights are en- shrined in the Indian Con- stitution either as 'Fundamental Rights' or as 'Directive Principles of State Policy. In this seminar, the key note speaker on the occa- sion was Ankur Sharma, Advocate, J&K High court. On the occasion, in- vited speaker Ankur Sharma discussed in de- tail about "The Thirty Rights", which high lighted not only the need and significance of human rights but also focused on - CHESHTA NATIONAL SERVICE SCHEME (NSS U NOT UT YOU different human rights ap- proved by the UN Com- mission. He also high- lighted the History of UDHR and its journey to member states and pro- tection of Human Rights under International Hu- man Rights Law The Principal in her address emphasized that to deny people their human rights is to challenge humanity. The human rights belong equally to each of us and bind us together as a global community with the same ideals and val-

## PRATIBIMB

#### GLDM DEGREE COLLEGE, HIRANAGAR

## GLDM GDC HIRANAGAR RELEASED "QUALITY REPORTER"\_\_\_\_\_

Girdhari Lal Dogra Memorial Govt. Degree College, Hiranagar released "Quality Reporter" newsletter for the month of November 2022 to showcase the different initiatives and undertakings of the College under the banner of Internal Quality Assurance Cell.



## 28<sup>TH</sup> ONLINE LECTURE OF MANTHAN

Department of Music Girdhari Lal Dogra Memorial Govt. Degree College (GDC) Hiranagar organised 28th online lecture series of Manthan. Manthan is an online lecture series on the subject of music span- ning from Jammu and Kashmir to Kanyakumari. The lecture series began from the month of June 2022 and is held every week. The lectures are organ- ised under the aegis of Ek Bharat Shreshtha Bharat and Azadi Ka AmritMahotsav @75. The topic of today's lecture was ZAWKBUK. the Mizo Dormitory. The resource person for the lecture was Mr. R. Lallianzualafrom Aizawl, Mizoram and the



position of the Chief Guest was occupied by Dr.PragyaKhanna,the Principal of the Col- lege. Dr. PragyaKhanna in her address highly appreciated the idea of the series of lectures pertaining to the subject of music every week. The resource person for the lecture R Lallian- zuala is a retired Joint Director, Department of Higher and Techni- cal Education, Aizawl, Mizoram. He taught English literature for the last 36 years in Col- leges. He is currently member of Governing Body NEZCC Dimapur and former Member of Sangeet Natak Akademi New Delhi. He in his lectured explained in detailed in about the Mizo culture of Mizoram. He also explained the ZAWKBUK, the Mizo Dormitory. The programme began with a welcome address presented by Prof. Vikram Singh, Head, Department of Physical Education and Sports of the college. Dr. Bharat Bhushan, Head Department of Music on the occa- sion of completion of 28th lecture of Man- than, he thanked all the resource persons of the series who had already given the lectures in the series. He also said that after the completion of the series a compiled book of all the proceed- ings and articles from all the lectures will be published.The work

# PRATIBIMB

and initiative would be a contribution to the knowledge and litera- ture in the field of music which would further strengthen the institu- tion at large. The project is encouraged and inspired by the worthy Principal of the college Dr. PragyaKhanna. The webinar was attended by the stu- dents, teachers and music lovers from across the nation. Many participants discussed and shared their views about the series. At the end of the lecture Dr. Bharat Bhushan presented the formal vote of thanks. The programme was organised together with Department of Sociol ogy and the Department of Physical Education and Sports in consulta- tion and support of Dr. Pragya Khanna, Princi pal of the college.

#### **GLDM GDC HIRANAGAR-SPORTS ACHIEVEMENT**

NSS volunteer Ms. Kanchan Devi won Silver Medal in high jump in Youth Festival held at GDC Samba.



#### TOYCATHON-2022 HELD AT GLDM DEGREE COLLEGE, HIRANAGAR UNDER THE BANNER OF IIC

The institution innovation Council of GLDM Degree College, Hiranagar organised TOYCATHON-2022 in line with the inter-ministerial initiative of the Indian government to conceptualize innovative toys based on the Indian value system.

The event also aimed at promoting the Mantra of "Vocal for Local". During this event about 56 students from the different Colleges and schools participated and displayed their innovative toys made from the non toxic organic materials. The aim of the event was to encourage students from School and Colleges to use organic waste and recycled material and prototypes of eco-friendly toys and other innovative ideas.

Prof.(Dr.) Parikshat Singh Manhas, Rector Udhampur Campus, Director, SHTM, CEO & Director, UoJSPVF and Director UBIIC, University of Jammu was the Chief Guest on the occasion where as Dr. Sangeeta Nagari, Principal GCW Kathua was the Guest of Honour.



Interested students are required to prepare eco friendly toys and submit the same to the IIC Coordinators/ Incharge clubs/NSS/ NCC on or before 17/12/2022.

Prof Parikshat Singh Manhas, who was also the former president of IIC of University of Jammu, in his address, appreciated the College for organising such important activity and also encouraged the students to come forward with more innovative ideas and shape their thoughts to be creators and entrepreneurs.

The competition was at adjudged by Prof. Gurdyal, Dr. Rajesh Kumar Sharma and Prof. Arun Kumar. The first prize was won by Ms. Janvi Maral of GLDM Degree College, Hiranagar whereas, the second prize was shared by Shveta of GDC Hiranagar and Prakriti Vashist and Kashish vashist of the GCW Kathua. The third prize was won by Rupakshi Sharma of GDC HiraNagar. Mr Krishna and Krishna Verma of Higher Secondary Chakra were given the first consolation prize. Mr Vishal Gupta and Mr Mohit Verma of GDC Kathua won the second and third consolation prize respectively. Ms. Anu jamwal, Miss Pooja, Mr Sushil and Ms Anshu from GLDM Degree College Hiranagar also delivered speeches on the occasion highlighting the importance of events like toycathon and how such things encourages the locals to come up with innovative ideas in the field of producing eco friendly toys which are the first books and friends of a child. The whole event was coordinated by Dr Arun





Kumar and vote of thanks was delivered by Prof. Praveen Sharma President, IIC of the College. All the Cordinators / Members of IIC and other faculty members of the College worked hard together to make the event successful.



#### GLDM GDC HIRANAGAR CELEBRATED NATIONAL MATHEMATICS DAY

Government GLDM Degree College. Hiranagar under the aegis of Department of Mathematics, sponsored by J&K Science, Technology d and Innovation Council, DST, JAK today organised International Seminar on the s occasion of National Mathematics Day The Programe started with lightening of the traditional lamp, followed by Sarsvati Vandana. In her inaugural message Principal of the College Dr. Pragya Khanna welcomes the invited guests and



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conveyed her best wishes to all faculty members and students on the occasion of National Mathematics Day. Dr. Ram Krishan (Ex Principal) Chief Guest of the programme spoke about the life history of Srinivas Ramanujan and his achievements in the field of mathematics. He also stressed upon the students to learn basics tools of mathematics Prof. Liliana from Westem University of Arad, Romania describe mathematical approach to understand the concepts and gave a lecture and aware the audience about the role and applications of fixed point theory. She encouraged the students to understand mathematics and utilization of fixed point theory in other streams. Dr. Ram Singh from BGSBU, Rajouri talked about Vedic mathematies, Relation of Sanskrit with mathematics and applications of Vedic mathematics. Prof. AK. Das from SMVDU Katra, spoke on the applications of homeomorphism and motivated the students to develop their knowledge. Dr. Rajesh Sharma HOD Mathematics and convener of the programme also spoke on the occasion by giving the detailed introduction of the Department and aware the students about the role of mathematics in science and technology and contributions of Srinivas Ramanuian in the field of mathematics Students from different semesters also participated in various competitions like Quiz, Poster Making and Debate Competition organized by the Department of Mathematics.

## GLDM GDC HIRANAGAR ORGANISES LECTURE ON RURAL SOCIAL STRUCTURE AND WELFARE IN INDIA

The Department of Sociology of Girdhari Lal Dogra Memorial GDC Hiranagar organized an expert lecture and interactive session on the topic Rural Social Structure and Welfare in India. Mr. Buta Singh from the Department of Rural Development, IGNOU gave a lecture, on rural societies. He explained in his lecture about the rural social structure and claiming rural development, and how the sociologists did society rural change. Dr. Arun Kumar delivered the vote of thanks and also thanked the Principal of the college, Dr. Pragya Khanna for organizing this lecture. The lecture was attended by all the faculty members



#### 29<sup>TH</sup> ONLINE LECTURE OF MANTHAN

Vidwan Shri Rajeshji from Bangalore featured in 29th Online Lecture of Manthan organized by Department of Music , GLDM GDC Hiranagar The programme began with a welcome address presented by Dr. Bharat Bhushan. Head, Department of Music of the college. In this lecture the guest was K.S.RAJESH (Flute Artiste, Music Composer) and Founder of Nirvan Foundation Trust, Bangalore He has undergone rigorous training in Hindustani Classical music under the coveted tutelage of his Guru Sri.K.Pundalika



# PRATIBIMB

Shenoy a pioneer in the tradition of Hindustani Flute playing. Having received an initiation of culture and tradition in the sphere of music Rajeshji has always tried to maintain a blissful expression of Instrumental Music in his style of flute playing merging with the Gayaki Ang to express the character of the instrument in greater depth and has received lot of appreciation for the sweetness in his music in the course of his performances both as a soloist and accompanist in several music concerts in prestigious music festivals. In the course of his Sadhana and advanced study of music, Rajeshji is presently seeking the support and guidance of the Legendary Flute Maestro Pandit Hariprasad Chaurasia and has been fortunate and blessed enough to accompany this great maestro in many concerts. He explained about the need for the deeper insight in the study of Indian classical music

#### GLDM GDC HIRANAGAR ORGANISES PLACEMENT/SELECTION DRIVE

In this drive Rahul Sharma, Head NIIT Counseled the students about the need for training to join a bank and interacted with them on the changing skills of bank employees approximately 32 pass out and final year students of the college participated in this drive, where in as many as 16 students were shortlisted for the preliminary round these shortlisted students were then tested at different levels.

In this drive three Students namely Vidhi Sharma Mohit Mehra and Kajol Sharma (Alumni of the college) were finally selected for ICICI Bank relationship manager the three finally selected students underwent Bank's training where in two students have been appointed Vidhi Sharma has been appointed in ICICI branch Badi Brahmana, Mohit Mehra has been appointed in ICICI branch Samba and Kajol Sharma is still under training.

The whole placement drive was organised and conducted in collaboration with IQAC under the able guidance of esteemed Principal of the college, Dr.Pragya Khanna she lauded the efforts of the committee and thanked the team from NIIT-IFBI for conducting this placement drive in the college to provide students with the recruitment opportunities. Rahul Sharma, Head NIIT also thanked the Principal of the college Dr.Pragya Khanna for the immense support and assured to run the drive for ICICI Bank in college against their college graduates can participate. Dr. Davinder kour convenor career counselling cell and Sujat khan, Convenor placement cell and other faculty members were also present.



# PRATIBIMB

#### 30<sup>TH</sup> ONLINE LECTURE OF MANTHAN

Department of Music Girdhari Lal Dogra Memorial Govt. Degree College (GDC) Hiranagar organised 30th online lecture series of Manthan. Manthan is an online lecture series on the subject of music spanning from Jammu and Kashmir to Kanyakumari. The lecture series began from the month of June 2022 and is held every week. The lectures are organ- ised under the aegis of Ek Bharat Shreshtha Bharat and Azadi Ka AmritMahotsav @75. The topic of today's lecture was Importance of the instrument flute in carnatic music.



#### GLDM GDC HIRANAGAR RELEASES QR FOR THE MONTH OF DECEMBER

Girdhari Lal Dogra Memorial Govt. Degree College, Hiranagar released "Quality Reporter" newsletter for the month of December 2022 to showcase the different initiatives and undertakings of the College under the banner of Internal Quality Assurance Cell.

# PRATIBIMB



## GLDM GDC HIRANAGAR ORGANISES NATIONAL VOTERS DAY

GLDM GDC HIRANAGAR under its NSS/ Electoral Literacy club organized a symposium on National Voters day today. The programme was done in collaboration with Nehru Yuva Kendra, Kathua, J&K, Ministry of youth Affairs & sports,Govt. of India.The Chief Guest of the Occasion was Sh. Som Zarad, Deputy Director, Nehru Yuva Kendra, Kathua, J&K.



#### **CELEBRATION OF 74TH REPUBLIC DAY**

Celebration of 74th Republic Day 2023 at GLDM GDC HIRANAGAR! My Nation My Pride



# PRATIBIMB

## GLDM GDC HIRANAGAR PARTICIPATED IN PARIKSHA PE CHARCHA

GLDM GDC Hiranagar Participated in Pariksha Pe Charcha 2023. Pariksha Pe Charcha is part of the larger movement - 'Exam Warriors' - led by Prime Minister Narendra Modi, to create a stress-free atmosphere for youngsters.



## GLDM GDC HIRANAGAR PARTICIPATED IN 'YOUNG STARTUP CONCLAVE'

GLDM GDC Hiranagar participated in 'YOUNG STARTUP CONCLAVE'More than 50 students sent to participate in the 'Young Startup Conclave' organised by CSIR, Ministry of Science & Technology, Govt. of India at Kathua 28th and 29th Jan. 2023.



## **PRATIBIMB**

#### GLDM DEGREE COLLEGE, HIRANAGAR



#### GLDM GOVT. DEGREE COLLEGE, HIRANAGAR PAYS HOMAGE TO MAHATMA GANDHI ON MARTYR'S DAY.

Govt. GLDM Degree College Hiranagar Martyr's Day, the observed 75th Death anniversary of Mahatma Gandhi today in the college premises. On January 30, 1948, Gandhi Ji was assassinated while he was on his way to a prayer meeting in New Delhi. In memory of Gandhi's sacrifice and to honour his legacy, the Indian government declared January 30 as Shaheed Diwas .The day is also observed as a day of non-violence and peace. Martyr's Day is also observed by the United Nations as the International Day of Non-violence. On this occasion, Principal of the institution, Dr. Pragya Khanna along with staff and students paid floral tribute to the Father of the Nation. Mahatma Gandhi ji. While addressing the staff and students, the Principal recounted the contribution



of Mahatma Gandhi towards attaining the freedom of the country and said that the sacrifices of all those who have been martyred in the service of the nation, will never be forgotten. The event was observed in a formal and dignified manner and two minutes silence was also observed in honour of the great soul. NSS Coordinator and HOD, Hindi, Prof. Rakesh Sharma also paid homage to Bapu on his punya-tithi and highlighted his role as a social and political messiah of the country. While reflecting on the global significance of Gandhi's message of non-violence and peaceful resistance, which continues to inspire people around the world to this day, he further exhorted everyone to strengthen their resolve to work dedicatedly for the development of the country.

#### GLDM GDC HIRANAGAR CELEBRATED WORLD WETLANDS DAY

Department of Environmental Sciences, Govt. GLDM Degree College Hiranagar organizes documentary screening on World Wetland Day on 2nd Feb 2023 under the theme "Its Time For Wetland Restoration". World Wetlands Day, celebrated annually on 2 February, aims to raise global awareness about the vital role of wetlands for people and planet. This day also marks the date of the adoption of the Convention on Wetlands on 2 February 1971, in the Iranian city of Ramsar The whole programme started with the welcome address of Prof. Neha Bhagat, HOD Environmental Sciences. In her address she educated the students thathow wetlands play a critical role in supporting a wide range of biodiversity and maintaining many natural cycles. It plays an important role in water purification and flood control, provides a habitat for the diverse plant as well as animal species, and supports local livelihoods. Total of 50 students participated in the event. The whole programme was done the able guidance of Principal Dr. Pragya Khanna.

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## **GLDM DEGREE COLLEGE HIRANAGAR CELEBRATED WORLD WETLAND DAY**

ere asked Department of Enviro black spots ctive mea-sign boards wh barriers. tal Sciences, Govt. GLDM Degree College Hiranagar organizes documentary screening on World Wetland as asked to Day on 2nd Feb 2023 under the theme "Its Time For Wetland Restoration". World Wetlands Day, cele-brated annually on 2 Febru-& reduce werloading th the help or the con-eral public. ary, aims to raise global awareness about the vital I the con-act audit of role of wetlands for people and planet. This day also marks the date of the adopin quarterly gular meet-ize aware-his regard, ed to orga-awareness tion of the Convention on Wetlands on 2 February 1971, in the Iranian city of

Ramsar. The whole programme started with the welcome address of Prof. Neha Bhagat, HOD Environmental 3JP sciences. In her address she ducated the students that

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how wetlands play a critical role in supporting a wide range of biodiversity and maintaining many natural cycles. It plays an important livelihoods. Total of 50 stu-dents participated in the event. The whole pro-gramme was done the able guidance of Principal Dr. role in water purification and flood control, provides a habitat for the diverse plant as well as animal species, and supports local

Pragya Khanna, in her mes age she talked about the importance of wetland & how it is helpful to sustain life on this planet and also it is of the utmost importance that we save the wetlands The wetlands are the homes The wetlands are the homes-of many creatures and they would be homeless if the wetlands were to vanish. The wetlands are responsi-ble for a very diverse ecosystem and the ecosys-tem will be spoiled if the wetlands cease to exist. The urbands ensure econ The whole event was coor-dinated by Mr. Vikram jamwal (Physical director), Dr. Jyoti Rani, Prof Kiran Thapa. Other faculty mem-bers Dr. Devinder Kaur, Prof Rakesh Sharma, Dr. Ravinder Singh were also present.

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#### GLDM GDC HIRANAGAR ORGANISES A EXPERT TALK ON **CYBER CRIME**

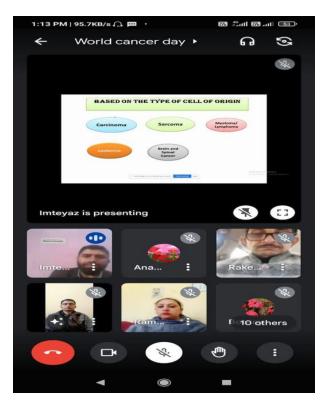
An extension lecture on "Cyber Crime" was organized by Computer application Department and IQAC Cell of the College. The resource person on the occasion was Mr. Syed Ali Hussain Kazmi, Head Operations and Business ARCON. The program was started with the formal welcome address delivered by Dr. Pragya Khanna principal of the college. She shared her valuable views about different cyber threats and also discussed that how one can avoid these kinds of cyber attacks easily by following some security measures while using devices connected with the internet. Mr. Syed Ali Hussain Kazmi in his talk enlightened students about the use of internet in judicious way. He added that how cyber criminal lure the users with attractive offers to get their personal details to hack their social accounts and bank accounts. He further added that we should be very careful responded these kind of calls. He also deliberated that students should know how to manage their time and divide it according to the priority in day to day life so that at the end of the day we should know that how much time we are devoting in positive activities. Around 150 to 200 students of different semesters have attended the program.

## PRATIBIMB



GLDM GDC HIRANAGAR ORGANISES A WEBINAR ON WORLD CANCER DAY

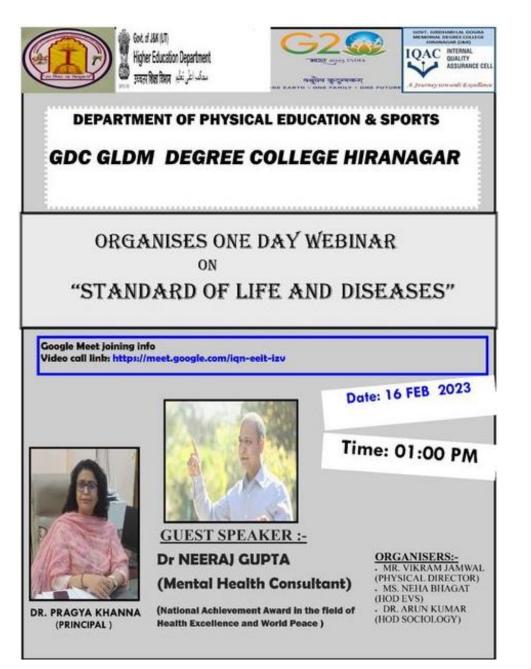
GLDM Govt. Degree College, Hiranagar Dept. of Zoology organizes Webinar on World Cancer Day. World Cancer Day aims to prevent millions of deaths each year by raising awareness and education about cancer, and pressing governments and individuals across the world to take action against the disease.



GLDM GDC HIRANAGAR ORGANISES A WEBINAR ON STANDARD OF LIFE AND DISEASES.

# PRATIBIMB

Department of Physical Education & Sports, GDC GLDM Degree College Hiranagar organized one day webinar on "Standard of Life and diseases" under the scheduled activities to be conducted in connection with G20 summit under the theme "one earth, one planet, one future."The guest speaker of the event was Dr Neeraj Gupta, Mental Health Consultant, Practitioner-Consultant of Integrated Medicine and Counselor. He informed the students that the standard of |the level of income, comforts and services available to a society or location, rather than to an individual, also standard of living is relevant because it is considered to contribute to an individual's quality of life. Standard of living is generally concerned with objective metrics outside an individual's personal control, such as economic, societal, political and environmental matters such things that an individual might consider when evaluating where to live in the world, or when assessing the success of economic policy. He further stressed upon the fact that despite having the well known benefits of a healthy lifestyle, only a small proportion of adults follow such a routine; in fact, the numbers are declining and unfortunately, there is very little public awareness of the association between health and lifestyle. Also many are unaware that a change in lifestyle is an important factor in the emergence of chronic diseases.



# **PRATIBIMB**

#### GLDM GDC HIRANAGAR ORGANISES TWO DAY SEMINAR ON **CRITICALLY MODIFIED CROPS AND FOOD SECURITIES.**





G L D M DEGREE COLLEGE HIRANAGAR ORGANIZES TWO DAY SEMINAR (Under the Aegis of Azadi Ka Amrut Mahotsav)

#### ON

GENETICALLY MODIFIED CROPS AND FOOD SECURITY 27-28, FEBRUARY NATIONAL SCIENCE DAY SPONSORED BY JK SCIENCE, TECHNOLOGY AND INNOVATION COUNCIL Govt. of UT of J&K

#### ORGANIZED BY

DEPARTMENT OF BOTANY Er SCIENCE CLUB.

#### PATRON: DR. PRAGYA KHANNA -(PRINCIPAL)

#### ORGANIZING SECRETARIES

Ms. NIDHI JARNGAL (ORGANIZING SECRETARY)

Dr. ANIL KUMAR DOGRA (CO- ORGANIZING SECRETARY)

#### ORGANIZING TEAM:

Mr. Sujat Khan (H.O.D Computer sciences) Mr. Gurdyal (H.O.D Geography) Mr. Arun Kumar (H.O.D Chemistry) Mr. Ajay Kumar Sharma (H.O.D Physics) Dr. Sukhdeep Singh Sassan (Asstt. Prof. Chemistry)

Ms. Neha Bhagat (H.O.D EVS) Mr. Manjot Singh (Asstt. Prof. Zoology) Mr. Arvind Kumar (Asstt. Prof. Botany) Mr. Vikram Jamwal (PTI) Dr. Bharat Bhushan (H.O.D Music)



PROGRAMME SCHEDULE Day1: Series of Expert Lectures. Day2: Paper reading Competition for students.

#### ABOUT THE COLLEGE

Girdari Lal Dogra Memorial Degree College, Hiranagar is a progressive students centered, Co-educational College committed to providing quality and holistic education for all the students. In last 17 years of its existence this institution has grown from infancy to an institution of repute. The college campus is spread over a vast area situated 1.5 Km eway from the National Highway in Tehail agar, District Kathus. The College is affiliated to the University of Jammu. The College at present imparts instructions in streams like Arts, Medical, 0 Non-Medical for three years UG course. The college has highly qualified and competent faculty and equally competent subordanate staff. In addition to this the college has a distance education study centre functioning under the aegis of Indira Gambhi National Open University (IGNOU), New Gandhi National Open Delhi. The campus is blessed with mighty mange trees that offer canopy, making it an ideal locale for pursuit of higher education.

#### ABOUT THE SEMINAR

Genetically modified plants are the ones, whose DNA is modified using genetic engineering techniques. The aim is to introduce a new trait to the plant which does not occur naturally in the species. A transgenic plant contains a gene or genes that have been artificially inserted. The inserted gene sequence is known as the transgene, it may come from an unrelated plant or from a completely different species. The first transgenic plants were reported in 1983. Since then, many recombinant proteins have been expressed in several important agronomic species of plants including tobacco, corn, tomato, potato, banana, alfalfa and canola. By the year 2050, world population may reach nine billions. Food production will need to increase at the same rate or more in order to satisfy the needs of such an enormous number of people in some older centuries. So, there is a need to use the genetic techniques to improve crops over the recent decades.

Through the use of transgenics, one can produce plants with desired traits and even increased yields. The transgenics would allow for more crops that last longer and withstand pests and diseases. Transgenic plant production will allow us to feed the growing population and to produce more desirable products. The future of GM crops remains a vital debate, as its applications have several advantages and disadvantages.

#### OBJECTIVES:

With the advent of GM Crops its scope and application have been realized in all sphere of biological sciences to ease and improve the quality of human life. It has also become essential to disseminate the fundamentals behind the technology.

College and School students are flag bearer of this modern biology and technology who can be the ambassador of it for its further application and dissemination.

- · Students will be exposed with both basic concept of GMO's as well as its practical utility in the field of Agricultural Sciences to create awareness about development of Transgenic Crops.
- · The young minds will also have chance to interact and storm their brain with experts of National reputes on the GM Crops

#### SUB- THEMES

1. Role of GM crops in sustainable development.

2. Impact of GM crops on Health and

3. Economic impact of GM crops.

4. GM crops in animal nutrition, science and safety aspects.

and Public concern.



INSTRUCTIONS FOR PARTICIPANTS:

1.It is expected that papers presented by nts must be based on sub- themes.





REACH US AT:

GLDM DEGREE COLLEGE, HIRANAGAR, 16K. INDIA,184142 E-Mail: hiranagargdc@gmail.com PHONE NOs:9469223496, 7006879026 WEBSITE: www.gldmdchiranagar.in



5. Genetically modified foods, Safety, risks

# environment.

## **NEW APPOINTMENTS**

- 1. Mr. Rohit Choudhary joined this institution as MTS.
- 2. Mr. Govinder Kumar joined the institution as MTS.

# **SHINING STARS**



 Taruna Jasrotia

 1<sup>st</sup> Position, (Science Stream)

 Session 2020-21



Harsha Sharma 7<sup>th</sup> Position, (Science Stream) Session 2020-21



Kanchan Devi-Athlete 2 Gold Medal (Long Jump) Bronze Medal(8km Marathon) Gold Medal (200 M)



Pragya Sharma Inter University Hockey



Parshant Kumar Inter University Hockey



Avinash Singh Inter University Hockey



Rameshwar Singh Inter University Hockey



Sparsh Bakshi Junior Nationals Hockey



**Gourav Singh** Junior Nationals Hockey Inter University Hockey



Nitin Sharma Youth Nationals Volleyball



Shubam Sharma Inter University volleyball



Dilip Sharma Inter University Volleyball Silver medal (Inter College Wrestling)



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Dept of Music, GLDM GDC Hiranagar

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organizes 2nd online lecture under MANTHAN

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Govt GLDM Degree College Hiranagar organises 'MANTHAN'

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Degree College Hiranagar holds 'Manthan'

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